**Dealing with Medical Conditions**

**Reviewed: 07/10/2018 Next Review: 07/10/2019**

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| **Education and care services regulation/s** | **NSW Department of Education policy, procedure or guidelines** | **National Quality**  **Standard(s)** | [**Preschool Handbook**](https://schoolsequella.det.nsw.edu.au/file/caddbee8-92ca-422b-a9df-cffdd34d5ccf/1/preschool-handbook.pdf) **reference** | **School policy or procedure, where applicable** |
| [Regulation 168(2)(d)](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s168.html)  [Regulation 90](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s90.html)  [Regulation 91](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s91.html)  [Regulation 92](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s92.html)  [Regulation 93](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s93.html)  [Regulation 94](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s94.html)  [Regulation 95](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s95.html)  [Regulation 96](http://www.austlii.edu.au/au/legis/nsw/consol_reg/eacsnr422/s96.html) | The following department policies and relevant documents can be accessed from the preschool section of the department’s [website](https://education.nsw.gov.au/teaching-and-learning/curriculum/preschool/policies-and-procedures);   * Student Health in NSW Public Schools: A summary and consolidation of policy PD/2004/0034/V01 * Allergy and Anaphylaxis Management within the Curriculum P-12 Procedures * Risk management plans * Information about health conditions * Individual health care planning * Administering prescribed medication at schoo | 2.1.1: Each child’s health needs are supported. 2.1.4: Steps are taken to control the spread of infectious diseases and to manage injuries and illness, in accordance with recognised guidelines. 2.3.2: Every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury. | Wellbeing, pages 29, 31, 36 | [ASCIA Information for Schools and Childcare](https://www.allergy.org.au/)  [ASCIA Action Plans for Anaphylaxis and Allergic Reactions](https://www.allergy.org.au/) |

* **Supporting health care needs**

While parents have primary responsibility for managing their children’s health, staff need to work with parents to support their children’s health care needs while they are at preschool. This may involve giving medication, performing health care procedures or developing an individual health care plan.

Children with identified medical conditions such as a child at risk of anaphylaxis, asthma and diabetes must have 3 individual plans:

1. An individual action/medical plan
2. A risk minimisation plan
3. A communication plan

The communication plan is a focus of authorised officers. It should be part of the preschool’s medical conditions procedures and must outline:

1. How staff members and volunteers are informed about the medical conditions policy and the medical management and risk minimisation plans for each child; and,
2. The procedures for a child’s parent to communicate to staff any changes to the medical management and risk minimisation plans for the child.

If a child enrolled at the preschool has a specific health care need, allergy or other medical condition parents must be provided with a copy of the Department’s student health policy. When a preschool child with an individual health care plan transitions to Kindergarten, staff need to give parents a copy of the current plan and encourage them to discuss it with the school at enrolment. This will help teachers plan for the child’s health care needs in the new setting.

* **Anaphylaxis**

All preschool staff should be aware of children with allergies and consider ways to reduce their exposure to known allergens. Anaphylaxis is a severe life-threatening allergic reaction and needs to be regarded as a Edgeworth Public School Preschool Procedure Dealing with Medical Conditions medical emergency. In most cases, anaphylactic reactions can be prevented with precautions to avoid the known allergen, however, when anaphylaxis occurs an emergency response is required.

Parents need to advise the school if their child is diagnosed with an allergy and is at risk of anaphylaxis. The implementation of Anaphylaxis Procedures for Schools 2012 is mandatory for NSW government schools and preschools. These include information on the management of severe reactions at preschool as well as the development of individual health care and emergency response plans.

The Department of Education requires all staff to undertake Anaphylaxis training. Both the online and face-to-face courses are approved by ACECQA.

Children and their parents will not always be aware that they have a severe allergy. To reduce the risk of exposure to a high-risk allergen, preschools may decide in consultation with their community, to ask families not to bring nut or nut products to the preschool site or to preschool activities. Preschools should also review their program to make sure that they do not support the use of these products.

Regulation 136 of the Education and Care Services National Regulations state that at least one person who has undertaken approved anaphylaxis training and one who has undertaken approved emergency asthma training must be in attendance and immediately available at all times.

As with the First Aid requirement this person may be located in the school as long as they are available in an emergency. Each school needs to consider how they will meet this requirement.

* **Implementation of Dealing with Medical Conditions Procedure: -**
* Families must indicate on their child’s enrolment form (pages ten and eleven) if their child has a medical condition or allergy.
* The teacher or principal must consult with the family to develop an Individual Health Care Plan for any child who is diagnosed with severe asthma, type 1 diabetes, epilepsy or anaphylaxis, is at risk of an emergency reaction or requires health care procedures.
* It is the responsibility of the preschool teacher to provide families with a copy of their child’s completed health care plan, this procedure and the DoE student health policy.