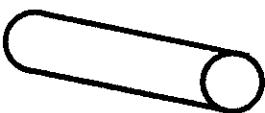
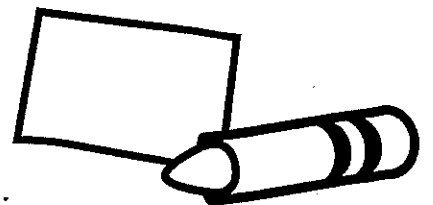
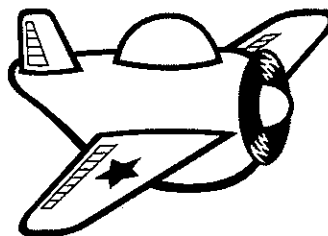
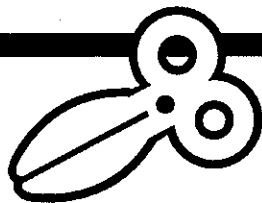
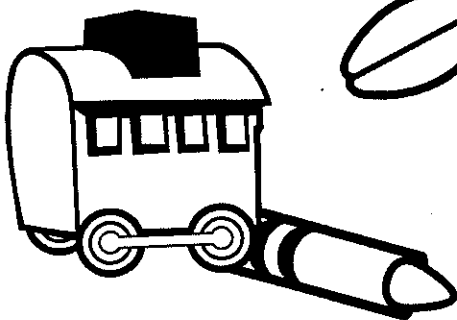


My Home Learning Book!

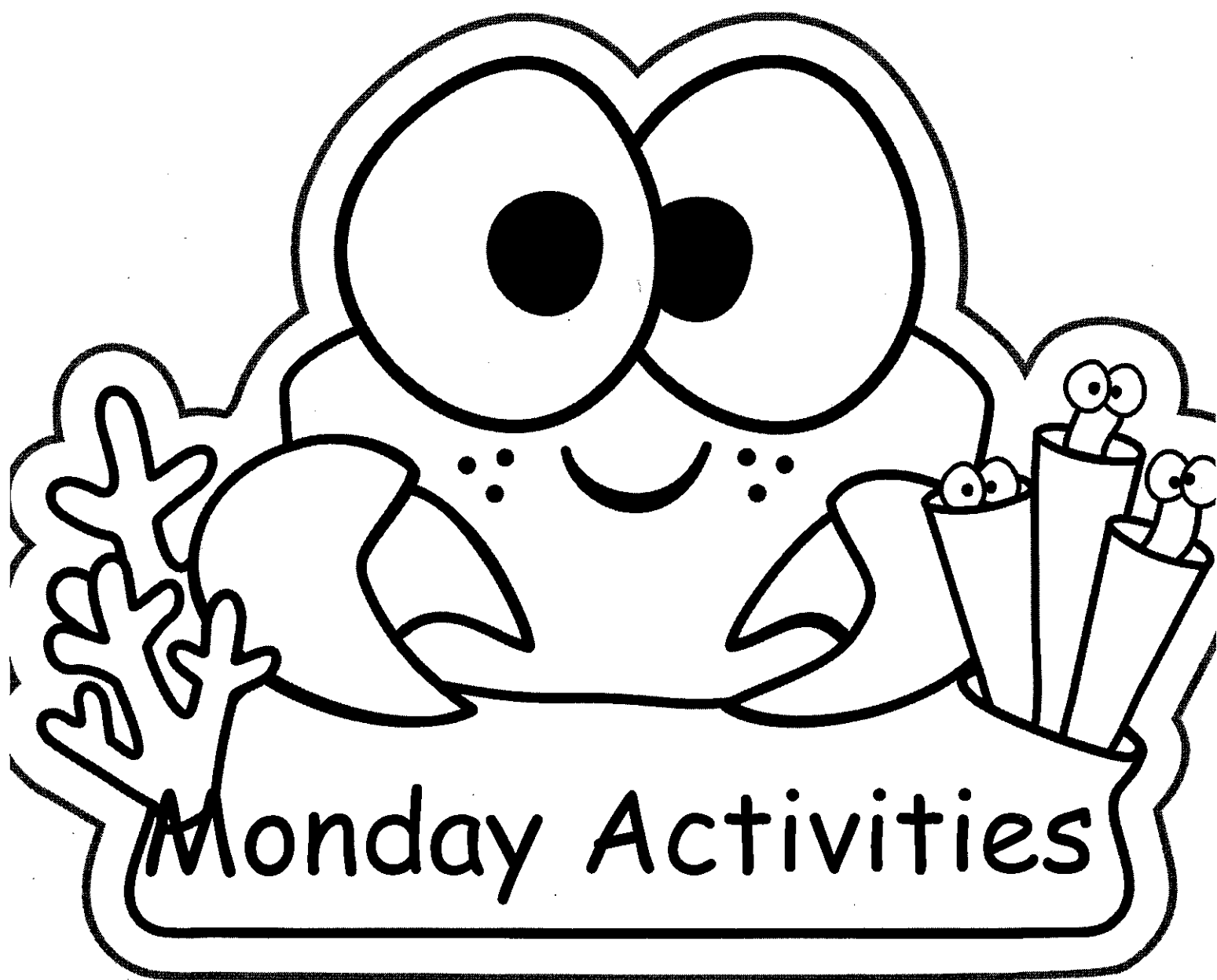


Wellbeing Challenge

Each box is worth 50 points. Your aim is to complete 150 points per day (across 3 columns). When you have completed the task, tick the box below for the correct day. Add up your total points for each day and then all the points together at the end of the week. How many points can you get?

Physical	Emotional	Social	Cognitive	Spiritual
Design and complete a body weight circuit (of at least 10 activities) to participate in at home. <i>*Bonus 10 points if you get your family to do it with you*</i>	Draw how you are feeling.	Call, Skype or FaceTime a friend	Complete a mindfulness guided meditation. You can access these on Smiling Mind (You tube)	Participate in a yoga, Pilates or meditation session. There are some available on YouTube or you create your own.
Draw the fruit and vegetables your ate today. Can you label them? Did you eat 2 fruits and 5 vegetables?	Participate in a self-care activity e.g. going to bed early, painting, deep breathing, watching the sunset or having a bath.	Make a playlist of your top 10 songs and send it to a friend.	Look up origami and make a crane.	Complete some mindfulness colouring in (these can be found online)
Go on Youtube and try <u>The Body Coach</u>	Do something nice for a sibling or parent/carer	Make a card for a friend you are missing from school.	Make an art piece using nature.	Go on a nature walk, plant some seeds, listen to some birdsong or do some weeding.
Take your pet, teddy bear or sibling for a walk or bike ride.	Watch your favourite show/movie; then write down how it made you feel.	Play a board game with your family members.	Read your favourite story.	Make a list of 10 things you would like to do or a 'bucket list'
Create your own obstacle course.	Do the washing up today or help hand out the washing	Write a letter to someone about a happy memory you have shared together.	Complete a jigsaw puzzle.	Wake up early to watch the sunrise and see how beautiful it is.
Monday	Tuesday	Wednesday	Thursday	Friday
				Weekly Total

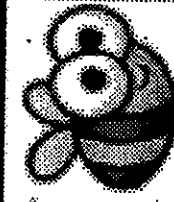
Students are also encouraged to access Reading Eggs, read their favourite stories at home and write about topics of interest. Students are also encouraged to engage in counting activities. There are many counting songs you can access via Youtube, as well as encourage your child to count different items at home (e.g how many spoons are in the drawer!).



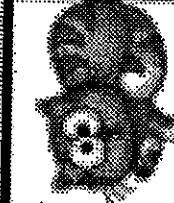
Aa



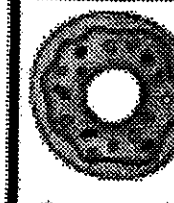
Bb



Cc



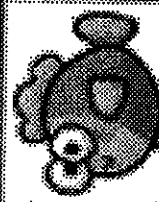
Dd



Ee



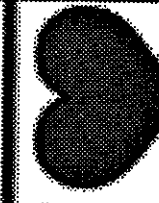
Ff



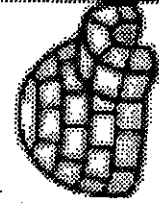
Gg



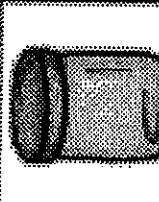
Hh



Ii



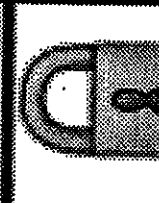
Jj



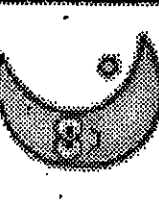
Kk



Ll



Mm



Nn



Oo



Pp



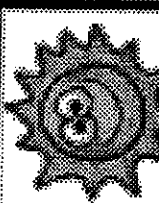
Qq



Rr



Ss



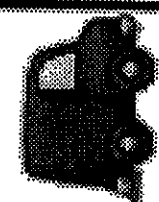
Tt



Uu



Vv



Ww



Xx



Yy



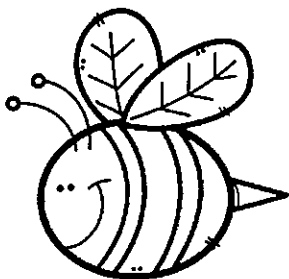
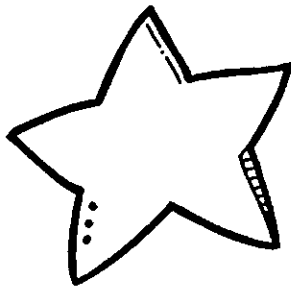
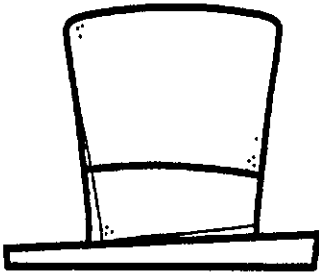
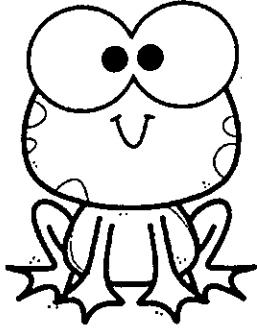
Zz

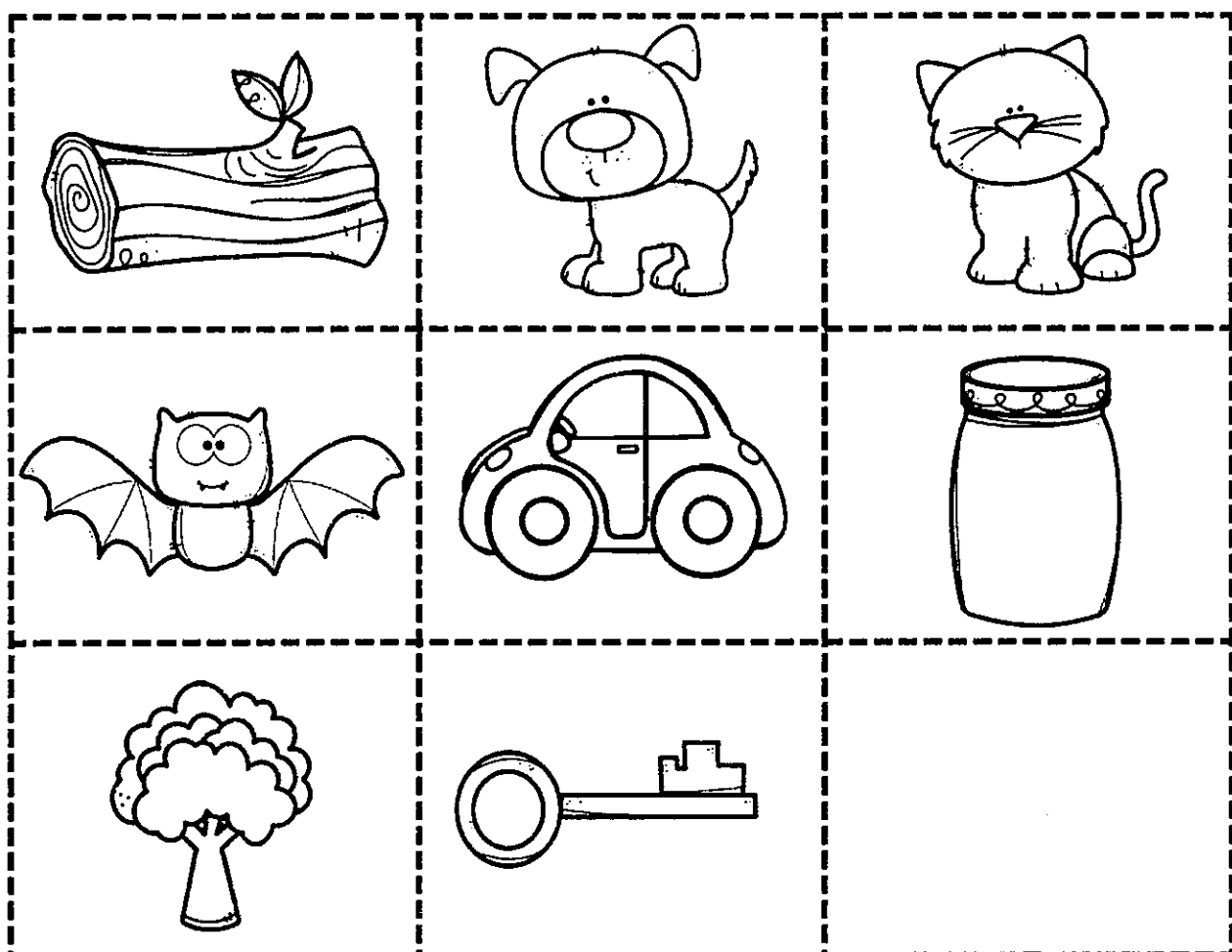
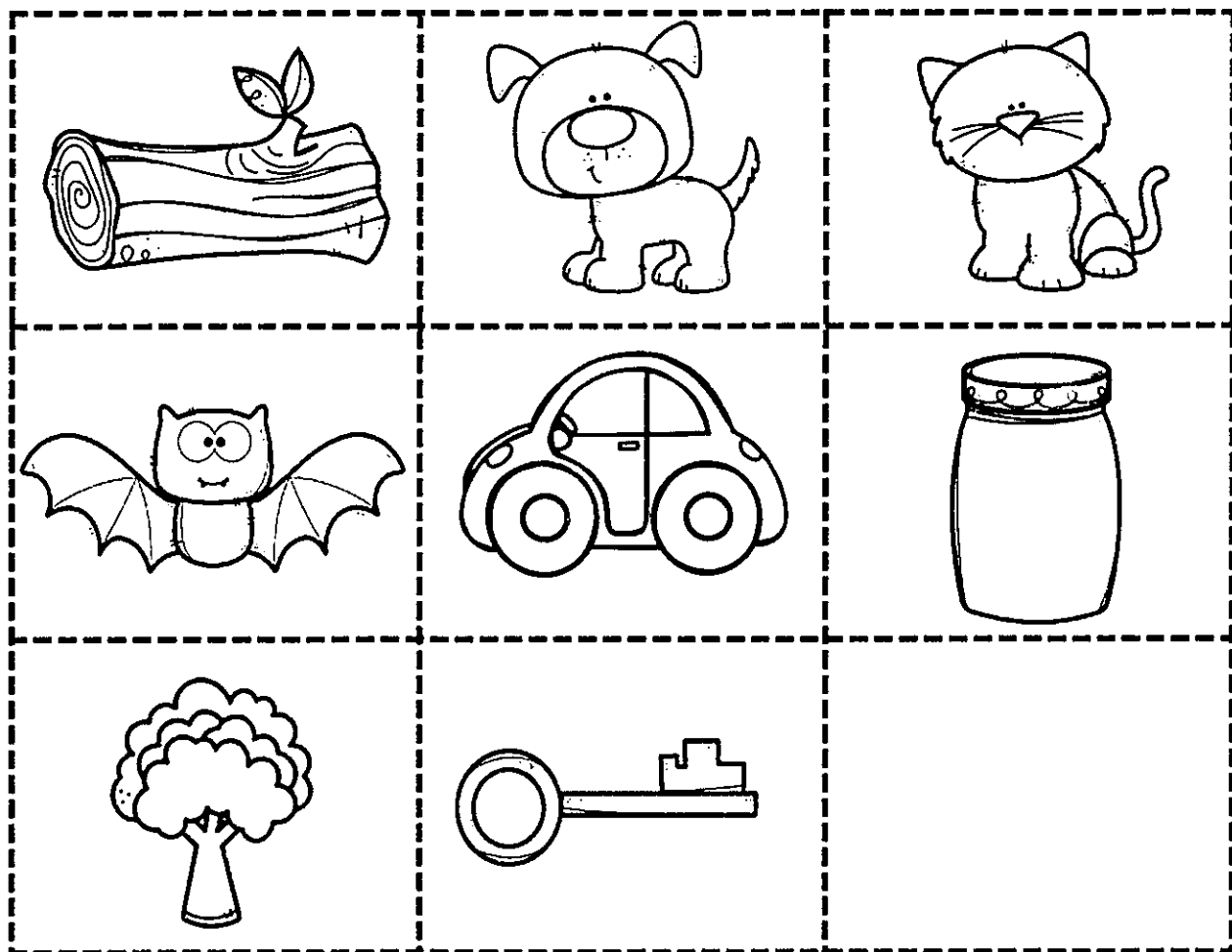


ALPHABET

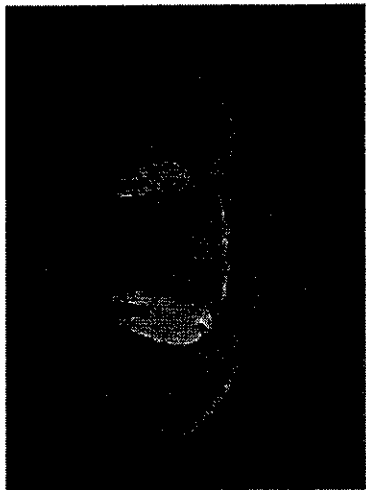
RHYME TIME!

Match the rhyming words.





This week, we are learning about crabs. Use the picture, and the words below to write an information report on crabs.



? What type of animal is it?

crustacean

👁👁 What does it look like?

Ten legs sharp nippers

Soft shell

🏠 Where does it live?

Beach rocks ocean

🍽 What does it eat?

Shrimp small fish
beach worms

CVC WORDS

sat	pin	sip	pip
pat	sit	tap	pit
pan	tip	tin	tan
gig	gag	gap	man
mat	map	gas	tag
pig	nag	sag	nap
nip	nit	top	bus
cot	hid	cog	rib
pop	rap	pal	lip
dad	hop	bad	bib
bit	ram	rug	hat
dip	dim	din	did
got	dig	rip	not
dot	dog	bat	hog
log	dug	lap	rat
hut	big	lad	rot
ham	hop	sum	tub
him	sub	cub	but

My Hundreds Chart

NAME: _____

DATE: _____

My Hundreds Chart

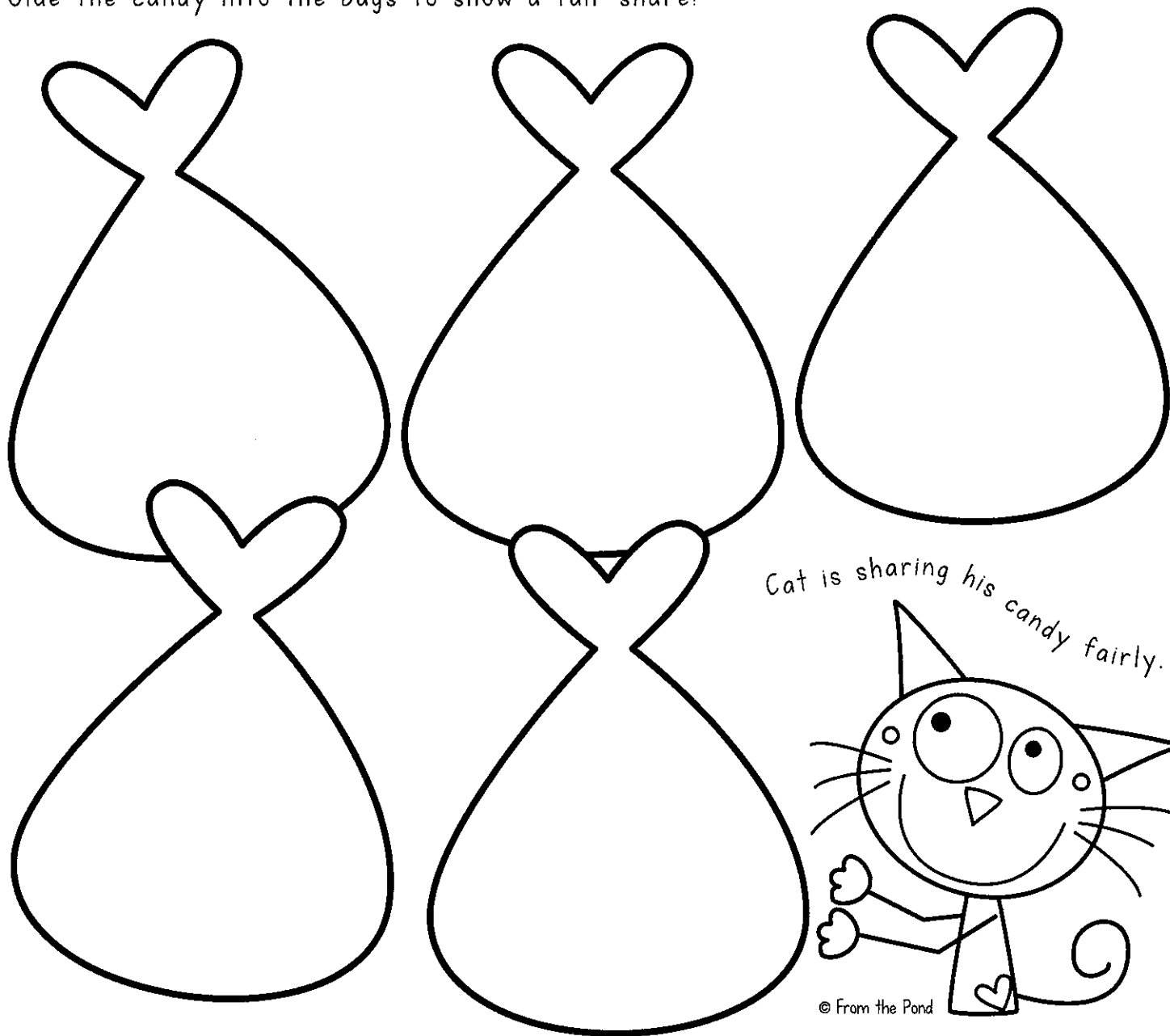
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DATE: _____

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41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Name: _____

Glue the candy into the bags to show a fair share!



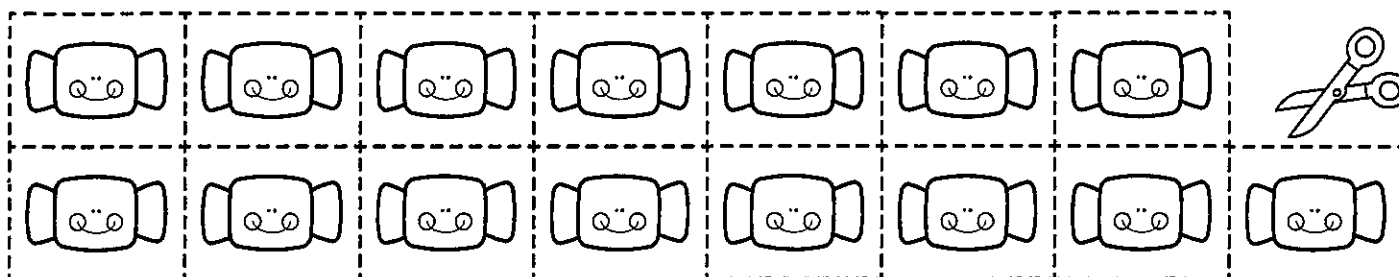
candies

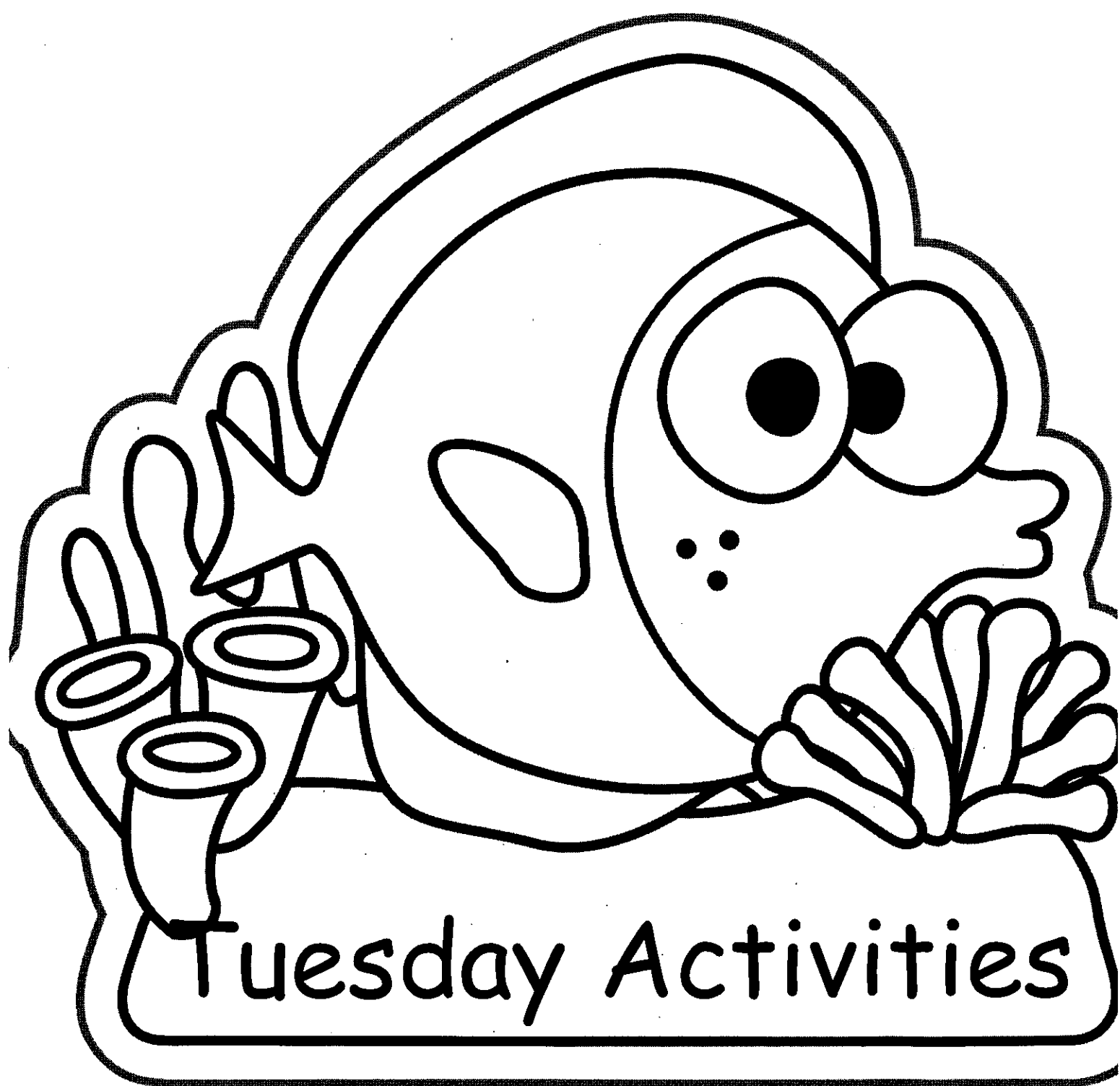
shared
between

bags

is

each





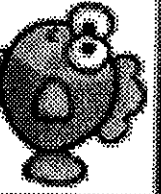
Aa 

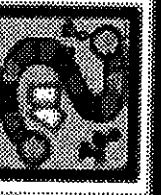
Bb 

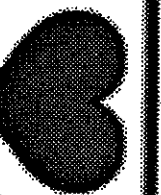
Cc 

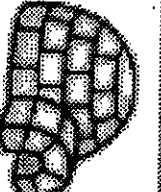
Dd 

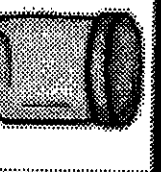
Ee 

Ff 

Gg 

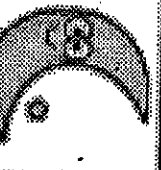
Hh 

Ii 

Jj 

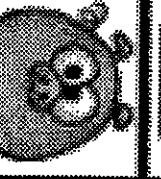
Kk 

Ll 

Mm 

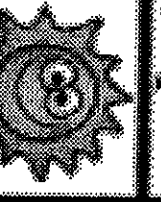
Nn 

Oo 

Pp 

Qq 

Rr 

Ss 

Tt 

Uu 

Vv 

Ww 

Xx 

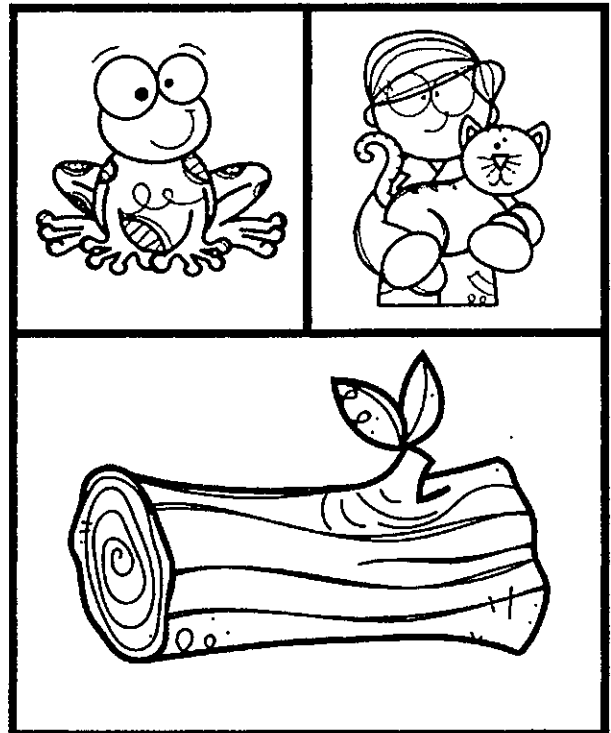
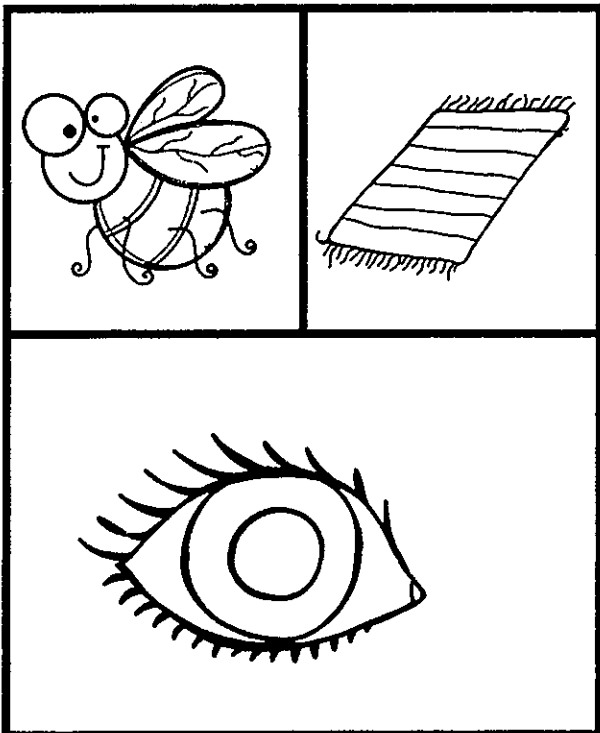
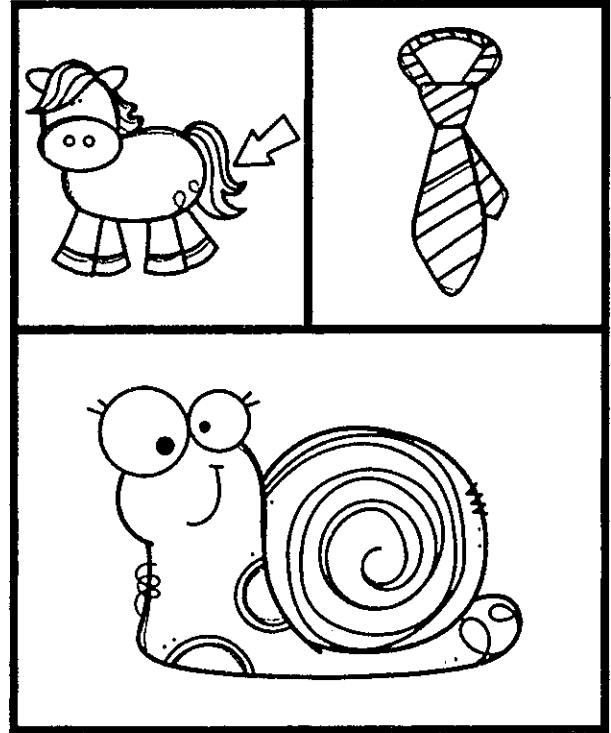
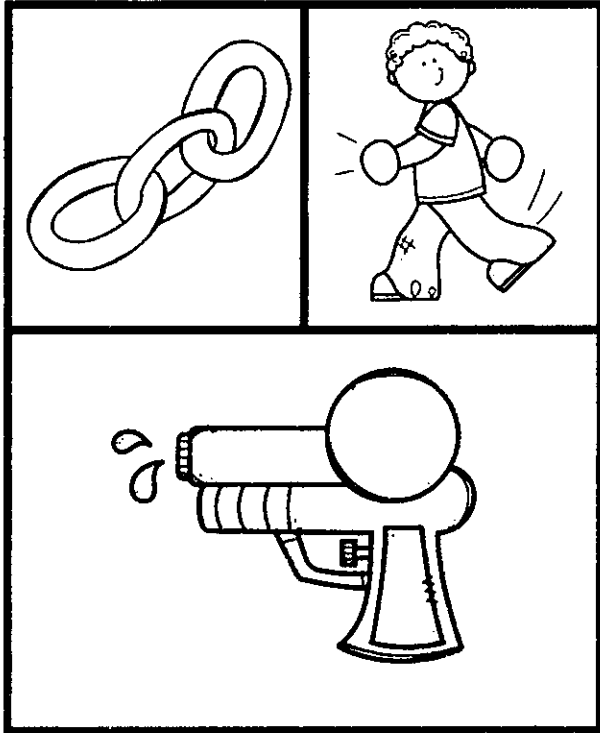
Yy 

Zz 

ALPHABET

RHYME TIME!

Colour the word that rhymes with...



This week, we are learning about crabs. Use the picture, and the words below to write an information report on crabs.



 What type of animal is it? crustacean	 What does it look like? Ten legs sharp nippers Soft shell
 Where does it live? Beach rocks ocean	 What does it eat? Shrimp small fish beach worms

CVC WORDS

pit	hot	hug	mud
had	lot	bud	bug
cab	pot	bin	can
cop	cap	cat	tub
bag	bat	hum	run
mug	mum	sun	rim
rag	hit	bun	mop
gum	nut	cob	lit
zip	jam	yet	yes
van	kid	kit	get
yum	beg	met	pet
pen	peg	pen	men
kin	vet	zap	wet
ten	fin	jig	red
jet	fun	bet	fit
fig	fog	leg	jog
fat	vat	win	jug

My Hundreds Chart

NAME: _____

DATE: _____

My Hundreds Chart

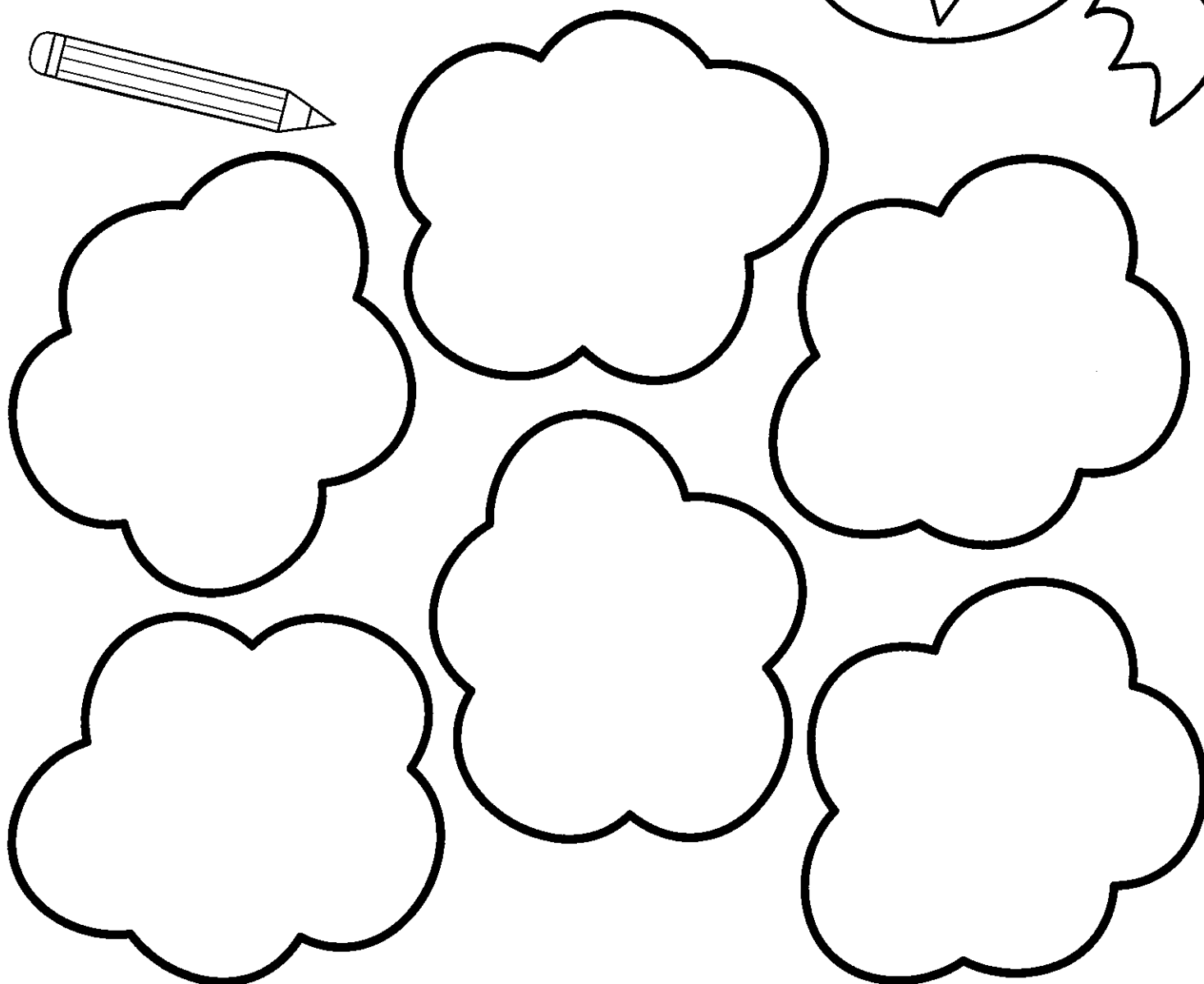
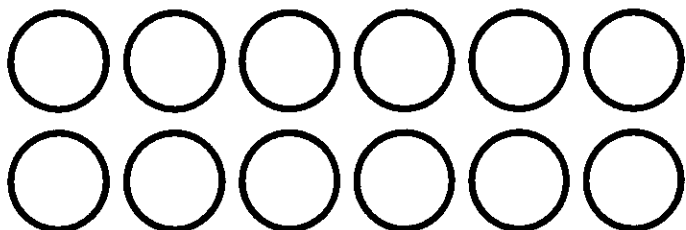
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71	72	73	74	75	76	77	78	79	80
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91	92	93	94	95	96	97	98	99	100

Name: _____

Bat has 12 dots. He shares them equally between 6 clouds.
Draw this to show how many dots each cloud gets.



12
dots

shared
between

clouds

is

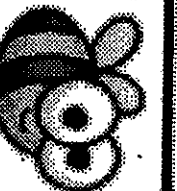
each



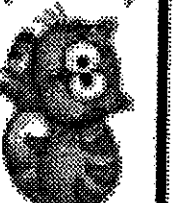
Aa



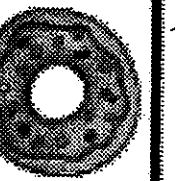
Bb



Cc



Dd



Ee



Ff



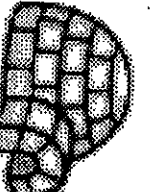
Gg



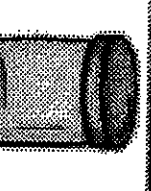
Hh



Ii



Jj



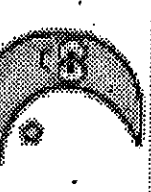
Kk



Ll



Mm



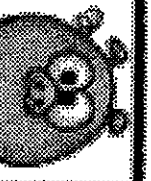
Nn



Oo



Pp



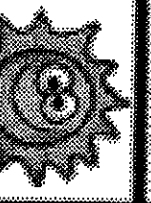
Qq



Rr



Ss



Tt



Uu



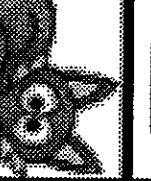
Vv



Ww



Xx



Yy



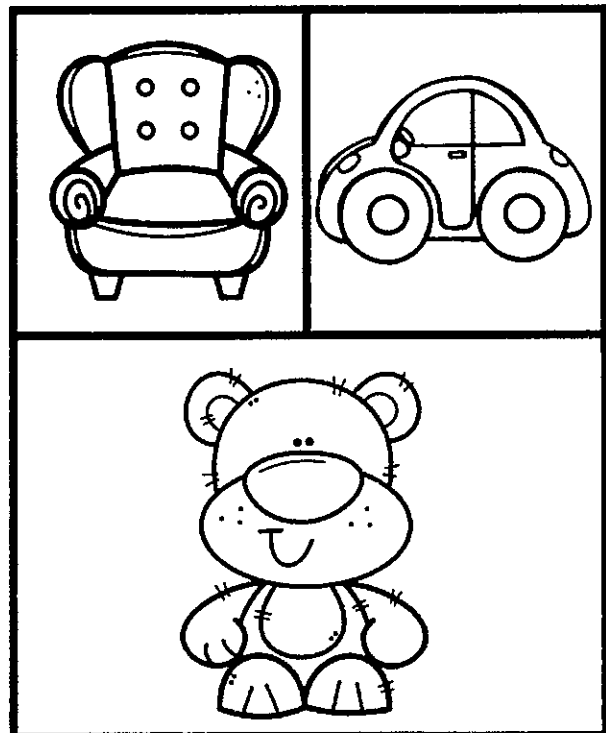
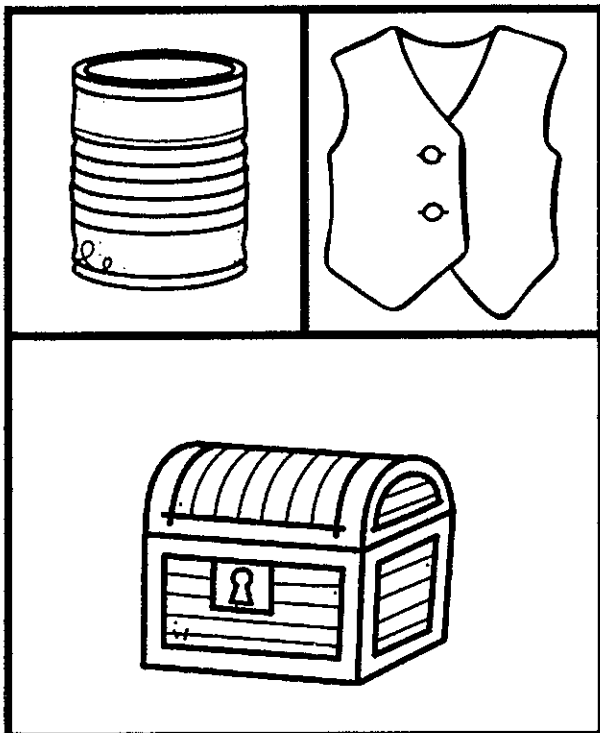
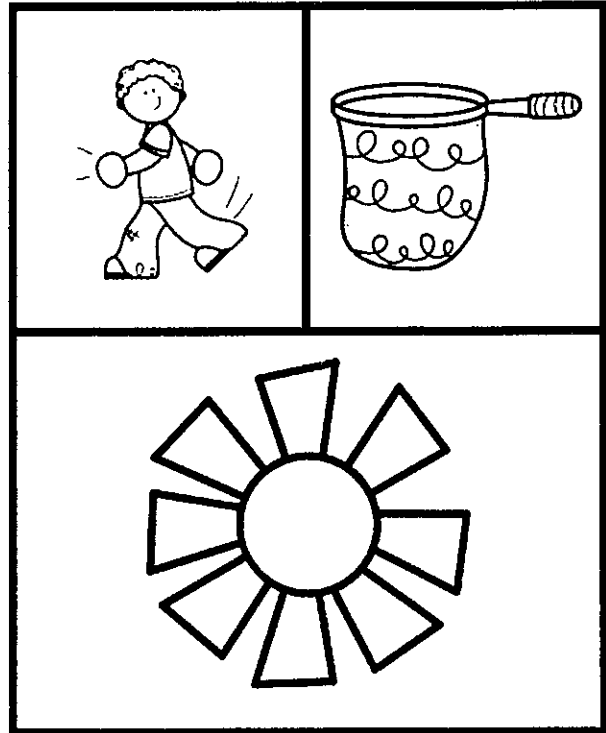
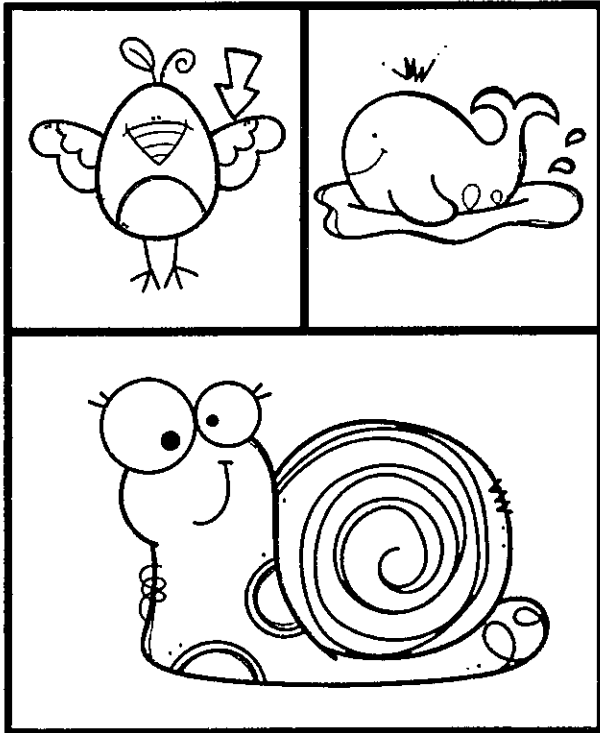
Zz



ALPHABET

RHYME TIME!

Colour the word that rhymes with...



DECODABLE SENTENCES

You are wet.

The red pin is for me.

The fun wig is for you.

She likes to have a nap.

Can you see the jet?

He naps in bed.

I swam in the hot sun.

Jump in the hot sand.

The plum is yum.

Look at the red jam.

She likes to run and jump.

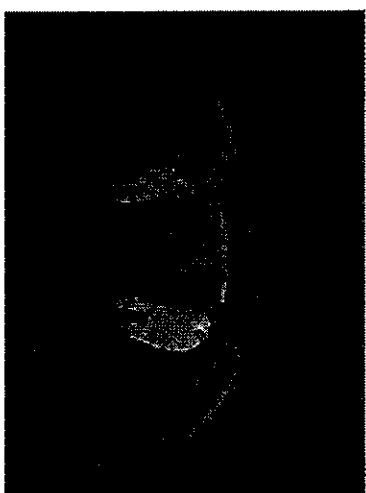
I can hop to the dog.

The belt and vest are red.

The pin is in the bin.

DRAW THE SENTENCES:

This week, we are learning about crabs. Use the picture, and the words below to write an information report on crabs.



? What type of animal is it?

crustacean

👁👁 What does it look like?

Ten legs sharp nippers

Soft shell

🏠 Where does it live?

Beach rocks ocean

🍽 What does it eat?

Shrimp small fish
beach worms



visit [twinkl.com](https://www.twinkl.com)



My Hundreds Chart

NAME: _____

DATE: _____

My Hundreds Chart

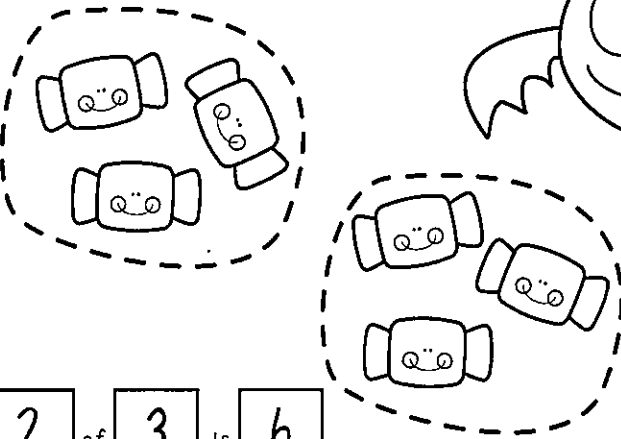
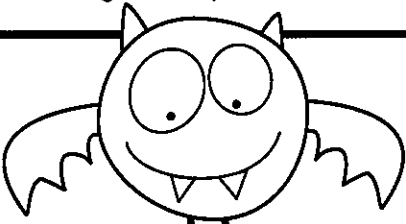
NAME: _____

DATE: _____

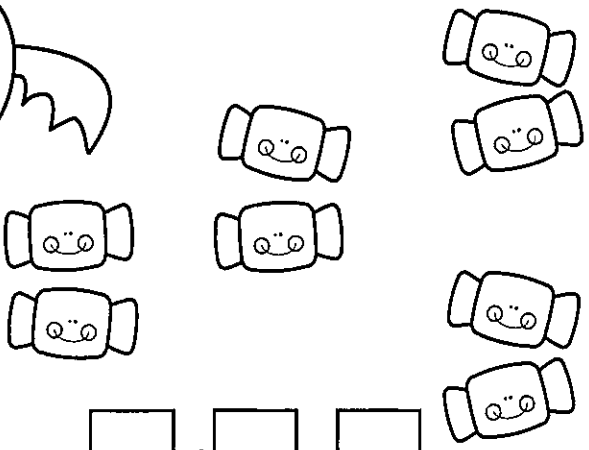
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61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Name: _____

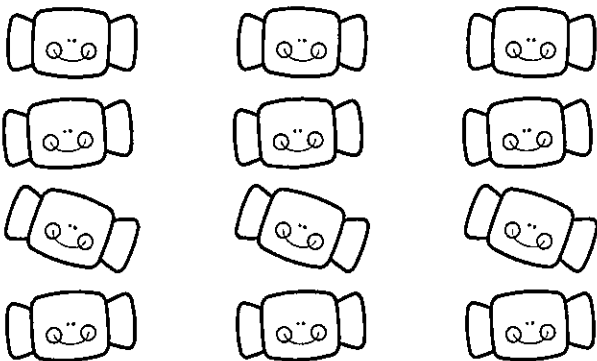
Circle the equal groups and find the total.



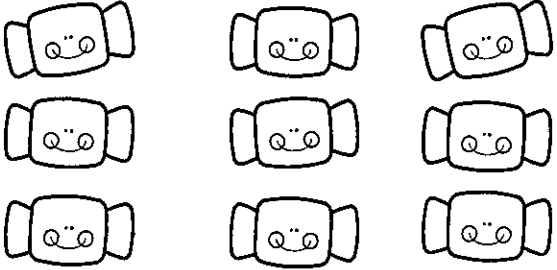
of is
groups candies altogether



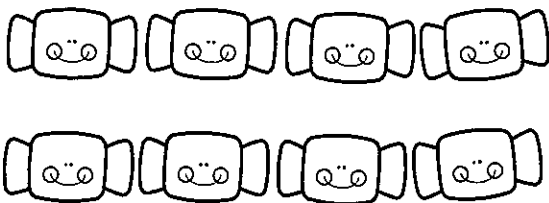
of is
groups candies altogether



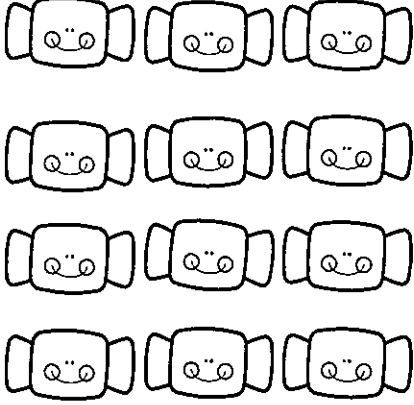
of is
groups candies altogether



of is
groups candies altogether



of is
groups candies altogether



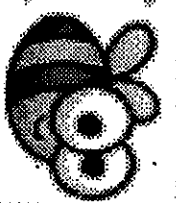
of is
groups candies altogether



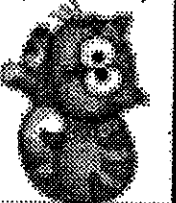
Aa



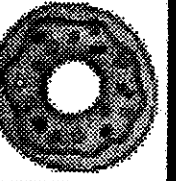
Bb



Cc



Dd



Ee



Ff



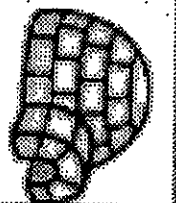
Gg



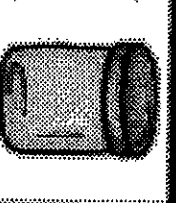
Hh



Ii



Jj



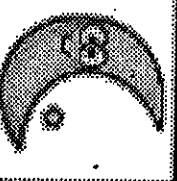
Kk



Ll



Mm



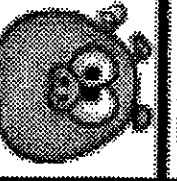
Nn



Oo



Pp



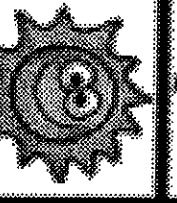
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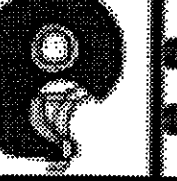
Rr



Ss



Tt



Uu



Vv



Ww



Xx



Yy



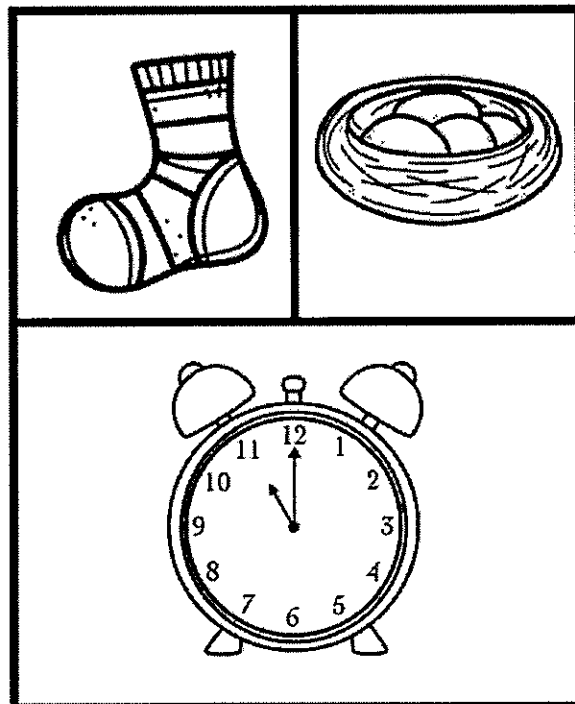
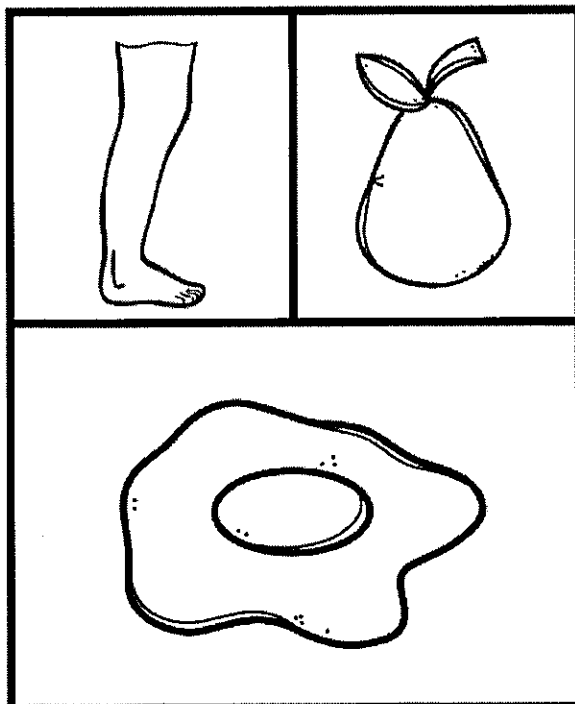
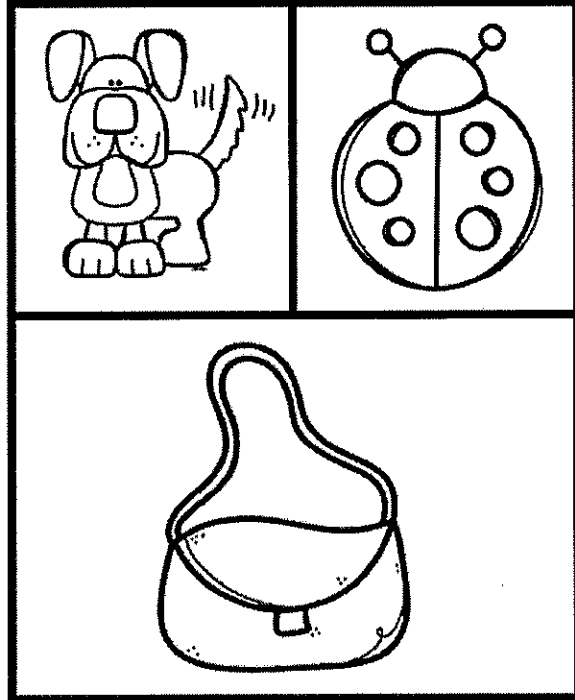
Zz



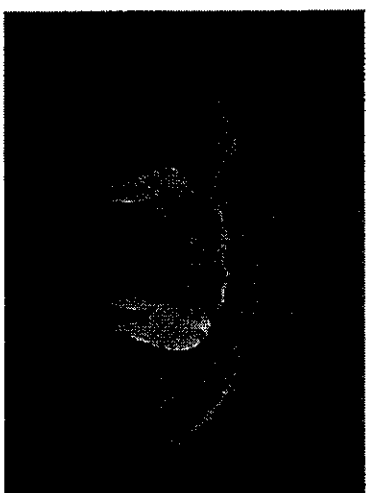
ALPHABET

RHYME TIME!

Colour the word that rhymes with...



This week, we are learning about crabs. Use the picture, and the words below to write an information report on crabs.



? What type of animal is it?

crustacean

👁👁 What does it look like?

Ten legs sharp nippers

Soft shell

🏠 Where does it live?

Beach rocks ocean

🍽 What does it eat?

Shrimp small fish
beach worms

My Hundreds Chart

NAME: _____

DATE: _____

My Hundreds Chart

NAME: _____

DATE: _____

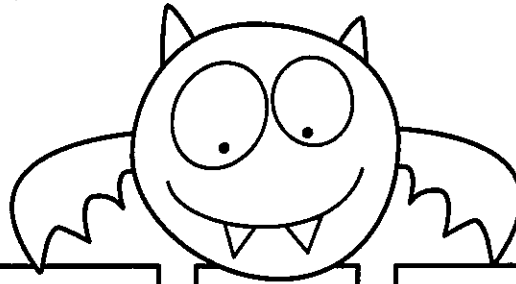
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51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Name: _____

Bat is making equal groups of candy. Help him finish.

Bat has

groups



there are

in each
group!

© From the Pond

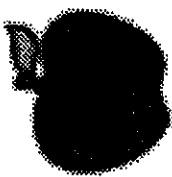


							
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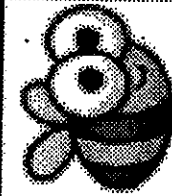


Friday Activities

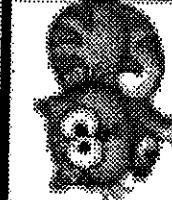
Aa



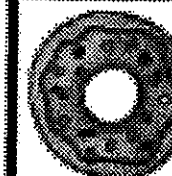
Bb



Cc



Dd



Ee



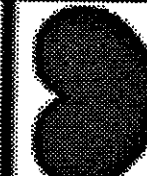
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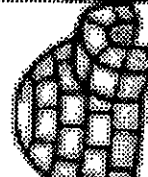
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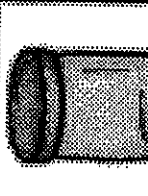
Hh



Ii



Jj



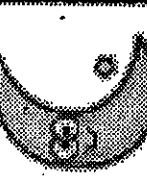
Kk



Ll



Mm



Nn



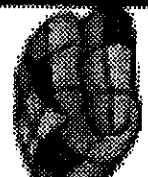
Oo



Pp



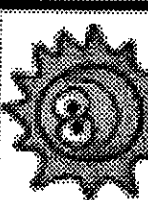
Qq



Rr



Ss



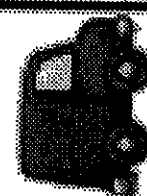
Tt



Uu



Vv



Ww



Xx



Yy



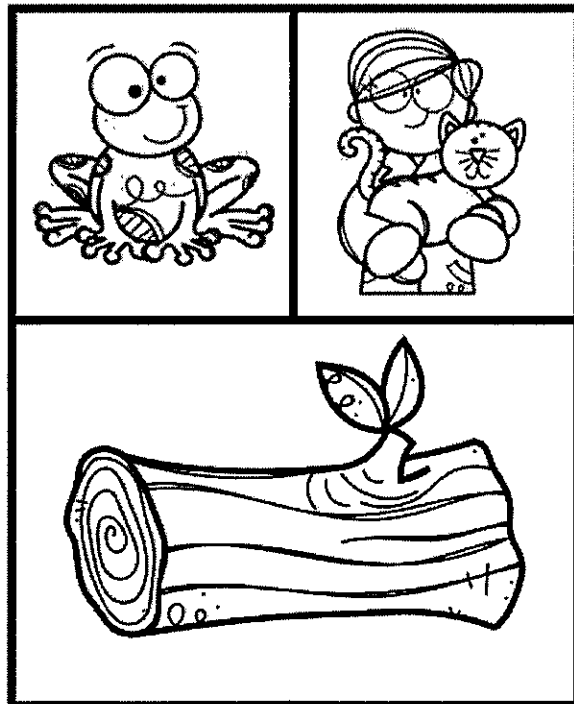
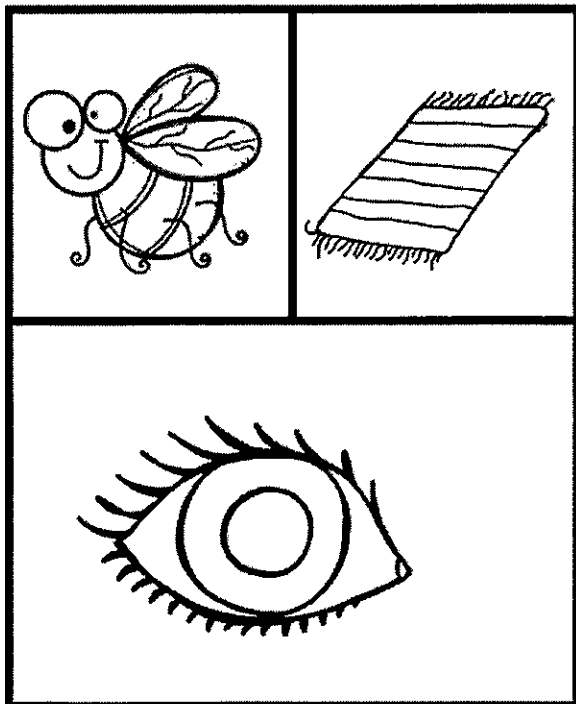
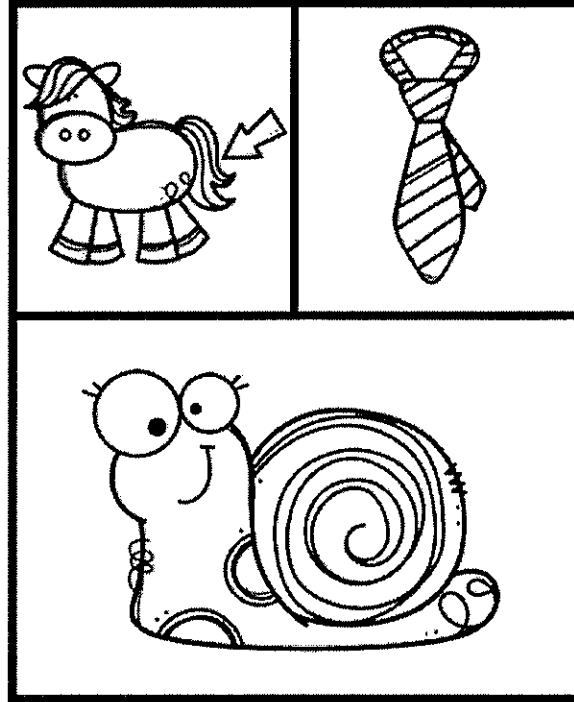
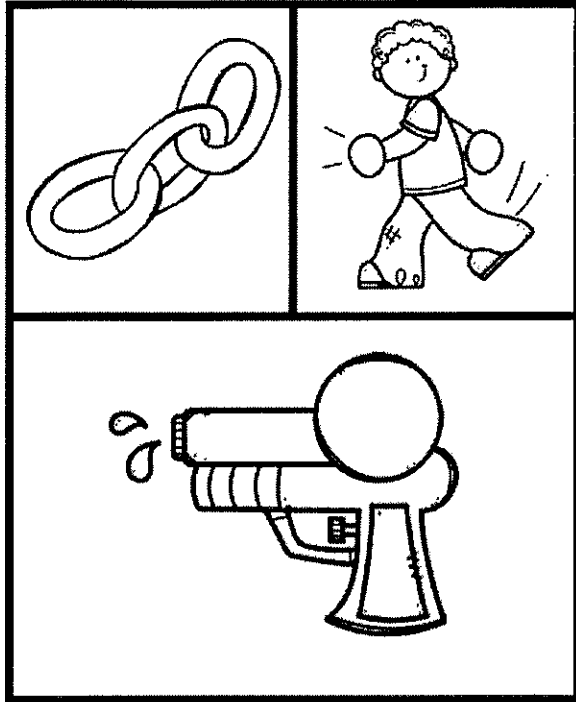
Zz



ALPHABET

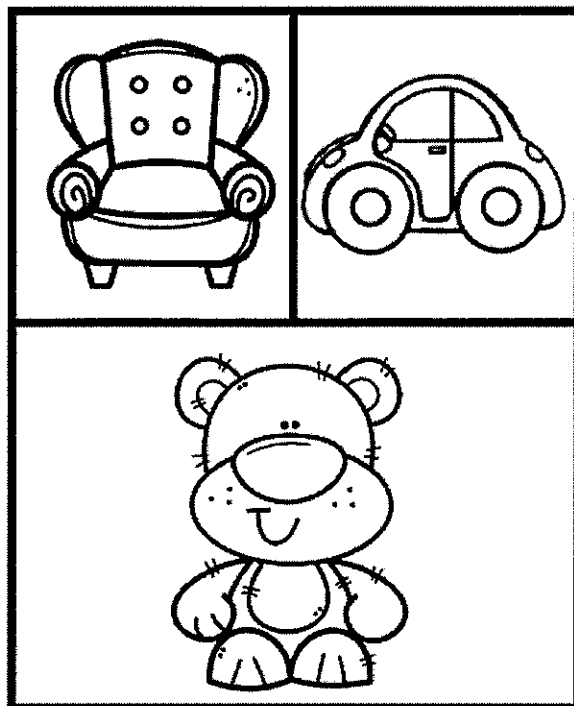
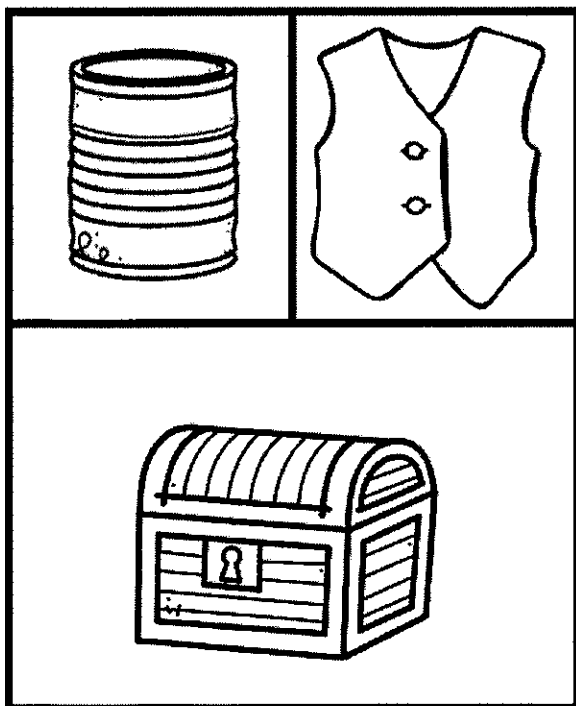
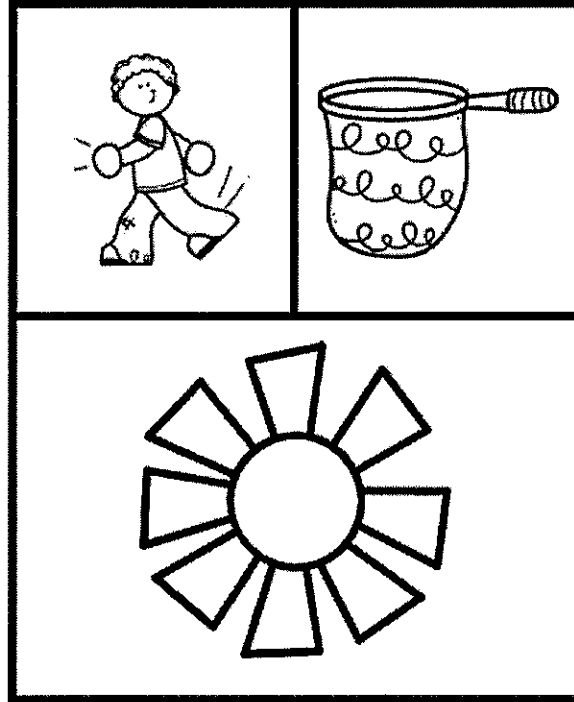
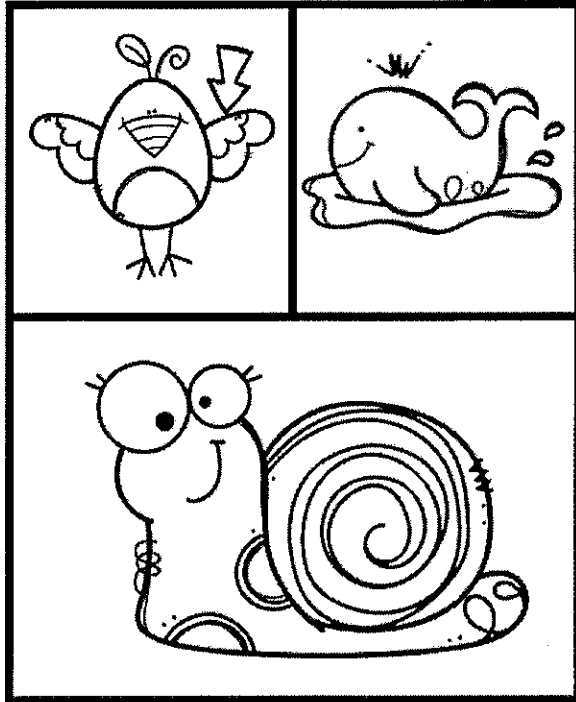
RHYME TIME!

Colour the word that rhymes with...



RHYME TIME!

Colour the word that rhymes with...



DECODABLE SENTENCES

You are wet.

The red pin is for me.

The fun wig is for you.

She likes to have a nap.

Can you see the jet?

He naps in bed.

I swam in the hot sun.

Jump in the hot sand.

The plum is yum.

Look at the red jam.

She likes to run and jump.

I can hop to the dog.

The belt and vest are red.

The pin is in the bin.

DRAW THE SENTENCES:

The page contains four large, empty rectangular boxes stacked vertically, intended for drawing. Each box is defined by a simple black border. The first box is at the top, followed by a second box, a third box, and a fourth box at the bottom. The boxes are of equal height and width, occupying most of the page area below the title.

This week, we are learning about crabs. Use the picture, and the words below to write an information report on crabs.



? What type of animal is it? crustacean	👁👁 What does it look like? Ten legs sharp nippers Soft shell
🏠 Where does it live? Beach rocks ocean	🍽 What does it eat? Shrimp small fish beach worms

My Hundreds Chart

NAME: _____

DATE: _____

My Hundreds Chart

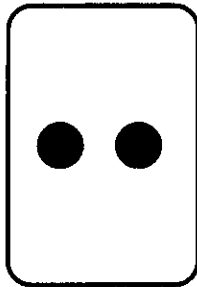
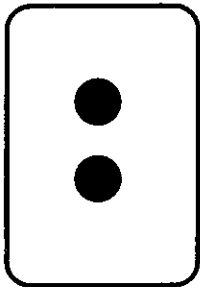
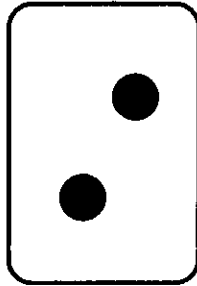
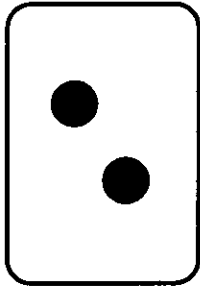
NAME: _____

DATE: _____

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81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Name: _____

Cat likes to play cards. Find the total of his sets below:



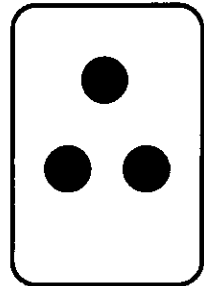
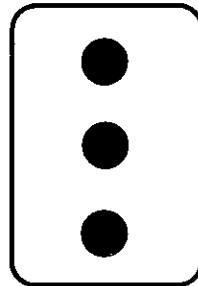
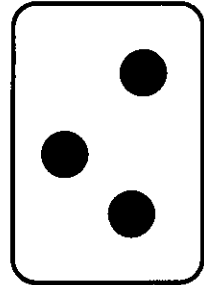
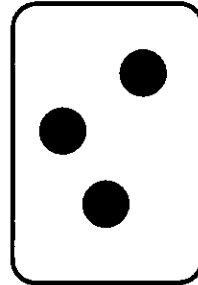
groups

of

dots

is

altogether



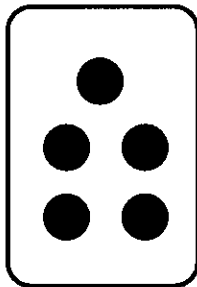
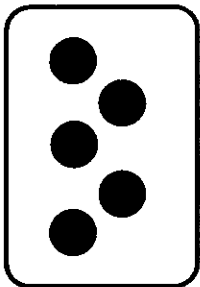
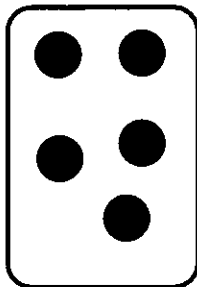
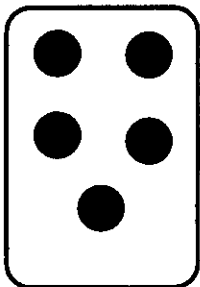
groups

of

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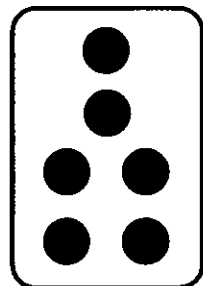
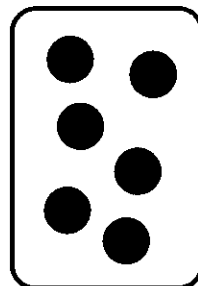
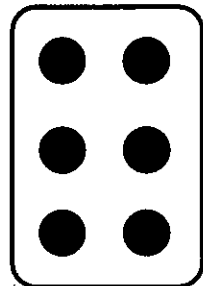
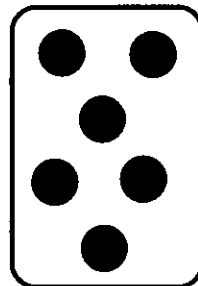
groups

of

dots

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altogether



groups

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