







# Stage 3

Term 3 Week 10



# DAILY SCHEDULE

|           | MONDAY        | TUESDAY                 | WEDNESDAY   | THURSDAY   | FRIDAY                            |
|-----------|---------------|-------------------------|---|--|-----------------------------------|
|           | Check in      | Check in                | Check in  | Check in   | Check in                          |
| Morning   | Daily 5       | Daily 5                 | <p><b>Wellbeing Wednesday!</b></p> <div>  <p>Spend time with family</p> </div> <div>  <p>Stay physically active</p> </div> <div>  <p>Do activities you love</p> </div> <div>  <p>Get enough sleep and rest</p> </div> | Daily 5  | Integrated Unit                   |
| Middle    | Maths         | Maths                   |   | Maths  | Maths                             |
|           | Brain Break   | Brain Break             |   | Brain Break  | Brain Break                       |
| Afternoon | PE (Exercise) | Library with Mrs McPhan |   | Science and Technology (Mr Quigley's Google Classroom) | Minute to Win it! Happy holidays. |










“The best  
view comes  
after the  
hardest  
climb.”



# How am I feeling today?

|   |   |  |   |   |
|---|---|--|---|---|
|  |  |  |  |  |
|   |   |  |   |   |
|   |   |  |   |   |
|   |   |  |   |   |
|   |   |  |   |   |
|   |   |  |   |   |





DAILY 5

Week 10



# ACTIVITIES CHECKLIST

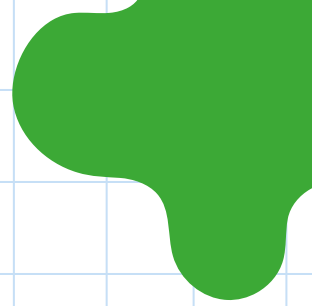
|  | MONDAY | TUESDAY | THURSDAY |
|--|--------|---------|----------|
| Work on Memes<br>(Do every day)          |        |         |          |
| Work on Writing<br>(Do every day)        |        |         |          |
| Read to Self<br>(3 times for 15 minutes) |        |         |          |
| Listen to Reading<br>(Once a week)       |        |         |          |
| Read to Someone<br>(Twice a week)        |        |         |          |



Move the tick mark when you have completed an activity!



# WORK ON MEMES - MONDAY



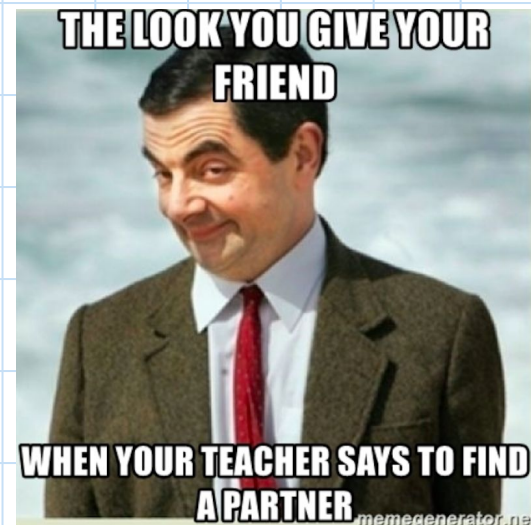
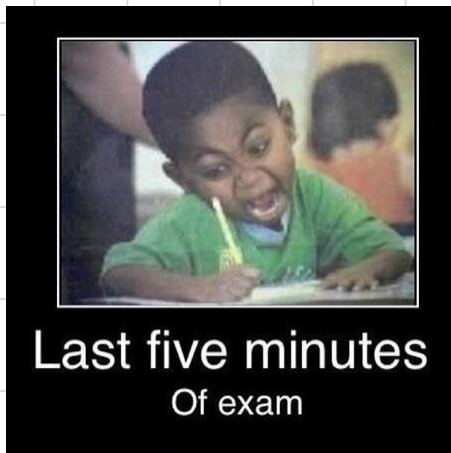
## What is a meme?

A meme is a virally shared image with text, usually something funny about something popular or familiar. A meme is typically a photo or video, although sometimes it can be a block of text.



# WORK ON MEMES -

## Examples





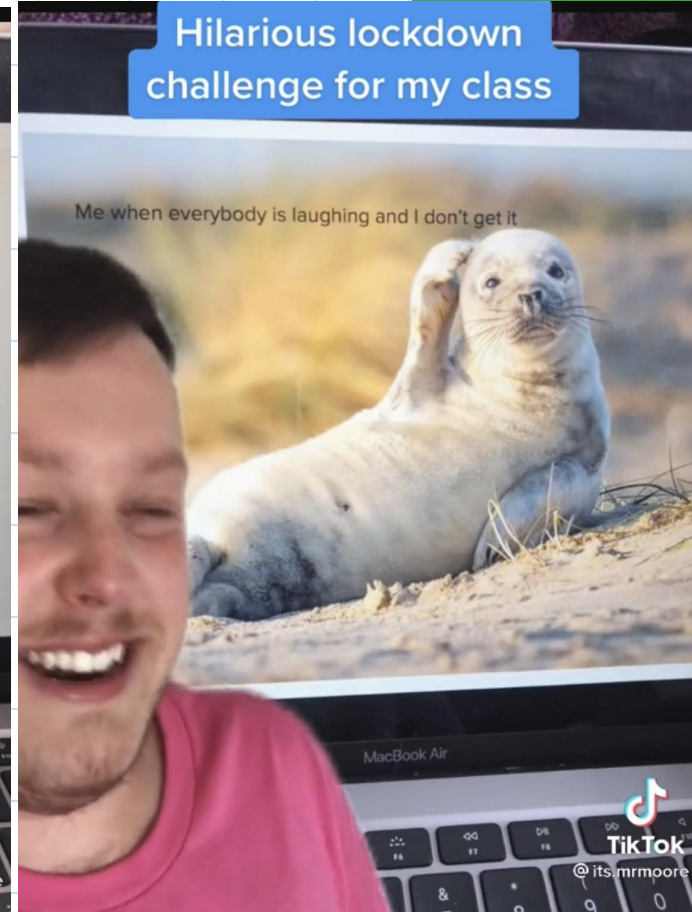
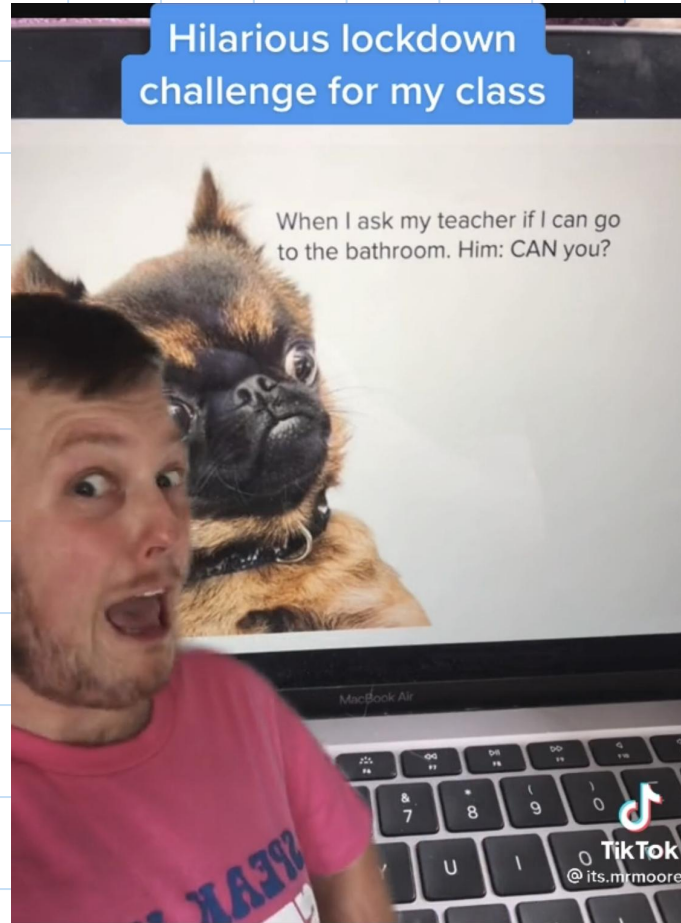
# WORK ON MEMES -

What do you  
meme?

A New Zealand  
teacher set this  
activity for his  
students who are 10  
years old and this is  
what some came up  
with.

Who will be crowned  
Meme Queen/King?

Your mission, if you  
choose to accept it, is  
to make up a caption  
for the following  
photos.



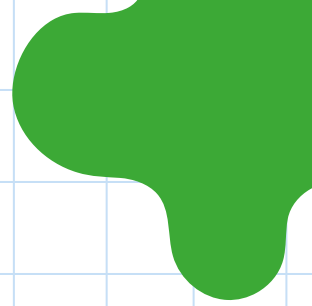


# WORK ON MEMES - MONDAY

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.





# WORK ON MEMES -

## Monday

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.





# WORK ON MEMES - Tuesday

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.





# WORK ON MEMES -

## Tuesday

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.



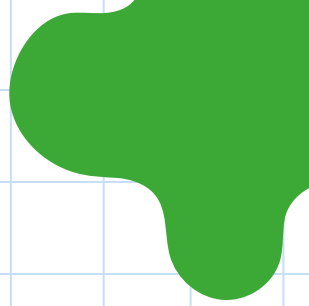


# WORK ON MEMES - Wednesday

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.





# WORK ON MEMES - Wednesday

**What do you  
meme?**

Write a caption for  
this photo.

Ps. the best ones will  
be shared on your  
class's Zoom.





# WORK ON WRITING - MONDAY

**What do you:**

See

Hear

Taste

Smell

Touch

Feel (emotions)





# WORK ON WRITING - MONDAY

If you need **ONE** great idea, brainstorm **FIVE** ideas and pick the best one!

1. Come up with **5 ideas** for **your story**. **Highlight** the **one you will use**.
2. Create at least **5 problems** that could occur. **Highlight the three you choose** and label them **pebble, brick and boulder**.
3. Come up with **possible settings and characters**.
4. Finally, how will your story end? **Write 5 possible endings**  
**Check out the example on the next slide!**

|   |  |
|---|--|
| <b>Ideas: x 5</b>                                 | <b>Problems x 5:</b><br>(Rank the problems to create pebbles, brick and boulder) |
| <b>Setting: x 5</b><br><br><b>Characters: x 5</b> | <b>Ending: x 5</b>   |



# WORK ON WRITING - MONDAY

If you need ONE great idea, brainstorm FIVE ideas and pick the best one!

## Ideas: x 5

1. Clownfish gets taken by a diver
2. Ogre rescues princess to save swamp
3. Lion cub runs away from home
4. Girl escapes tower using hair
5. Girl sets out on a journey to save her magical sister

## Setting: x 5

1. ocean
2. swamp
3. Norway
4. Edgeworth
5. Sahara Desert

## Characters: x 5

Lion, ogre, clownfish, princess, diver

## Problems x 5:

(Rank the problems to create pebbles, brick and boulder)

1. Chased by knights
2. Gets lost
3. Attacked by monster
4. Eats poison apple
5. Needs to save friend

## Ending: x 5

1. Lion comes back to save pride
2. Dad rescues clown fish son
3. Ogre rescues princess and falls in love
4. Beast turns into a prince and becomes nice man
5. Dorothy finds her way home



# Fill in the story graph for your idea.

Title:

**Sizzling Start**

Action?  
Sound?  
Dialogue?

**Exciting Ending**  
(Action climax)

How are the  
problems  
solved?

**Character Wrap-up**  
(Emotional resolution)

What happens  
with the  
characters?

Gradual build up of tension

**Backfill**

Who?  
What?  
where?

**Pebble** (Small problem)

Small  
Problem  
Use Senses

**Rock** (Medium problem)

Medium  
Problem  
Use Senses

**Boulder**  
(Main tension scene)

Big Problem  
Use Senses

Interest level





# Fill in the story graph for your idea.

Title:

Sizzling Start

Exciting Ending  
(Action climax)

Character Wrap-up  
(Emotional resolution)

Gradual build up of tension

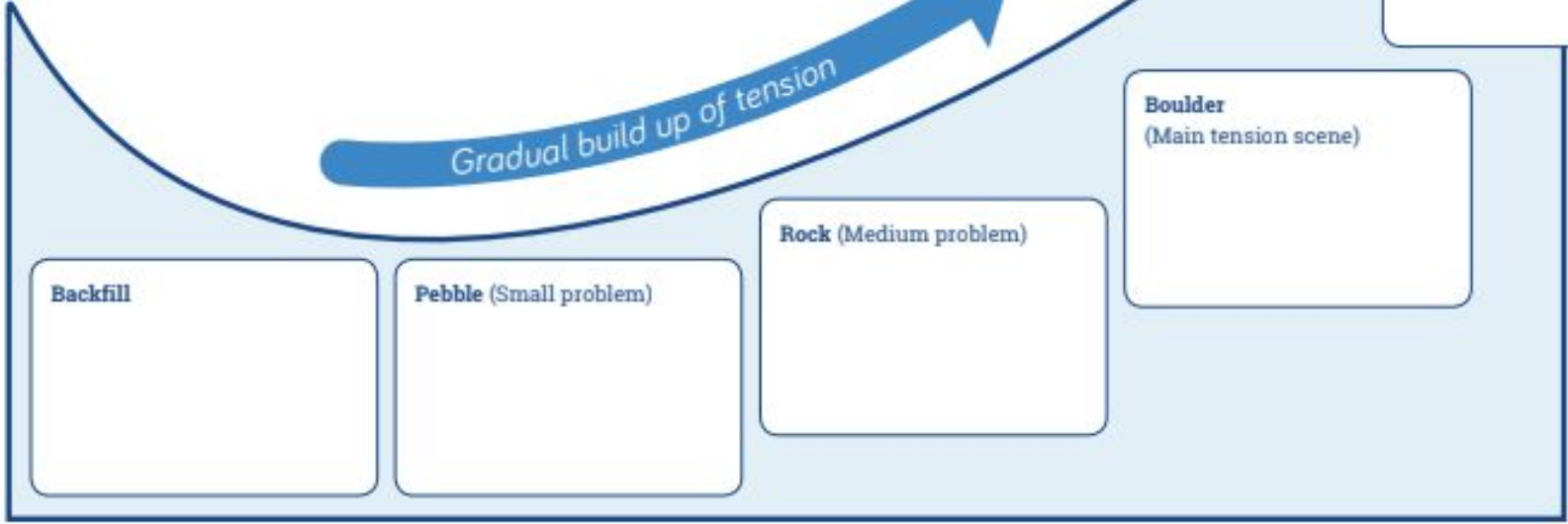
Boulder  
(Main tension scene)

Rock (Medium problem)

Pebble (Small problem)

Backfill

Interest level





# WORK ON WRITING - TUESDAY



**Beginning with action** is one way to write a sizzling start. This means you start your story where the action is to hook your readers. You'll write a lot better when you have something exciting to write about.

**Dialogue** is when at least two characters are talking to each other in a conversational format.

A **moment of change** is when something changes in the story. This can happen right at the very beginning.

**Intrigue** makes the reader curious. They want to read further to find out what is going to happen and why.

**Humour** amuses the reader. It entertains them from the start and they want to read more.



# WORK ON WRITING - TUESDAY

**Intrigue** makes the reader curious. They want to read further to find out what is going to happen and why.

## **Sizzling start:**

I'd been walking for days. Days and days and days. The hazy horizon shifted in the distance as the heatwaves ebbed and flowed like the water in the ocean. Staring at my map for the umpteenth time, I swore I had to be close now. Only a mere 100 metres away from what I was searching for. For what would change my life. For what would make me filthy rich. For what would make me famous. The arid, barren, scorching desert had not changed as my eyes lifted back up to the landscape searching. I just hope the four stubborn humped camels would be enough to carry it all.

**Don't forget about the Rule of Three!**

**This means use... 3 adjectives, 3 sounds, 3 short sharp sentences.**



# WORK ON WRITING - TUESDAY

A **moment of change** is when something changes in the story. This can happen right at the very beginning (plus a little **action**).

## Sizzling start:

Thwang. Whoosh. Thud. Relief washed over me as my arrow hit the target. The metallic pointy head pierced the majestic predator cleanly through the chest. Unable to fly anymore, it plummeted faster and faster and faster towards the ground. I rushed in the direction of its descent. Breaking through the overgrown foliage, I stepped into the clearing and found the bird breathing heavily on the ground. The arrow had snapped in half when it fell. Focused on my first meal in days, I didn't notice the beady brown eyes staring intently at me in the shrubs. Its roar created a deafening silence echoing around me as it charged. I had only a moment to react. Seconds. Milliseconds. Nanoseconds. I fumbled for the splintered arrow, my hand gripped around it and I shoved it straight up into the air.



# WORK ON WRITING -



Re-read the ideas for stories that you brainstormed. Choose your favourite.  
Write a sizzling start.

## Sizzling Start 1

Title:



# WORK ON WRITING WEDNESDAY

Write your story here...





# WORK ON WRITING WEDNESDAY

And continue your story here...





# WORK ON WRITING WEDNESDAY

And continue here...





# WORK ON WRITING WEDNESDAY

And here...





# READ TO SELF

Read three times for 15 minutes. After each time you read record the details on the table.



## READING LOG

| DATE | TITLE | AUTHOR | PAGES READ |
|------|-------|--------|------------|
|      |       |        |            |
|      |       |        |            |
|      |       |        |            |

You can type on the slide or rule the table in your book!



Write the **first three** sentences of the sequel to the story.



If you were the author, what **three changes** would you make to the story?

Find **five** interesting words from the story, and use each one in a sentence.



**Compare and contrast** two things from the story.

How are they the same and/or different?

You may choose **characters** or **settings**.

Make a **connection** between something you read and something from your real life, another text, or the world around you.



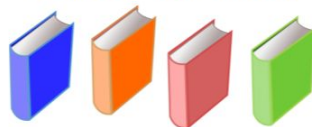
Choose a **character** from the book.  
Decide which character traits and attitudes they show.  
Write a paragraph explaining, and show evidence from the book.



Choose five words from the book, and write a **synonym** for each.

Write a different **conclusion** to the story.  
How would you end the story instead?

Create an **advertisement** for your book.  
Focus on **persuading** people to read the book.

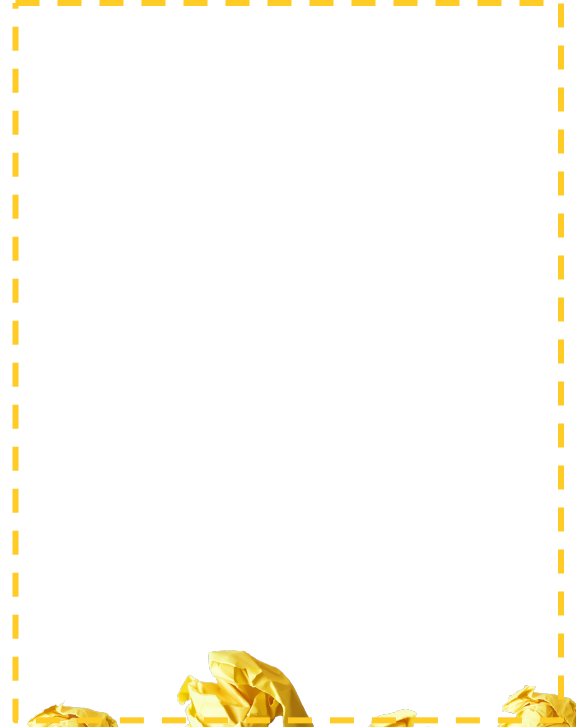
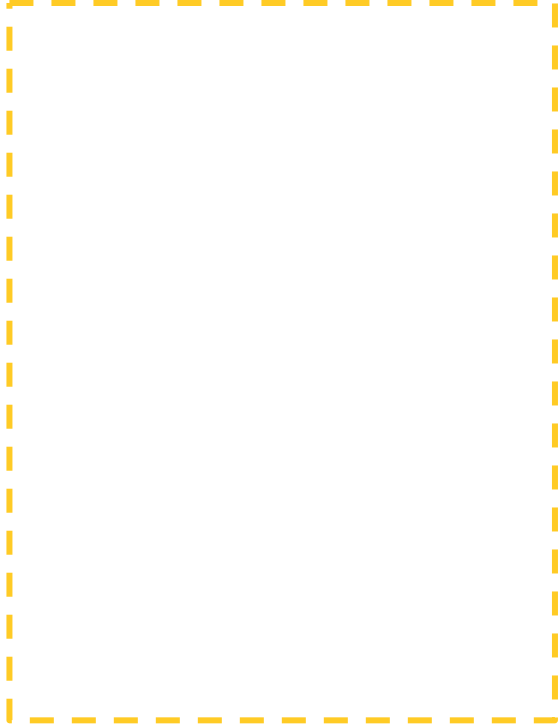


**READ  
TO  
SELF**

**Read three  
times for 15  
minutes.  
After each time  
you read choose  
an activity to  
complete.**

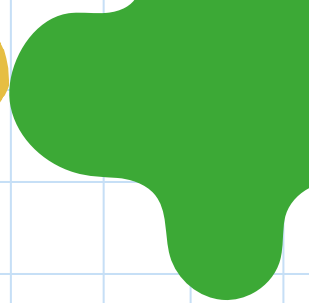


# READ TO SELF ACTIVITIES





# LISTEN TO SOMEONE READ



Listen to a family member read and fill in the log



## READING LOG

| DATE | READ BY | TITLE | AUTHOR | PAGES READ |
|------|---------|-------|--------|------------|
|      |         |       |        |            |
|      |         |       |        |            |
|      |         |       |        |            |

You can type on the slide or rule the table in your book!



# READ TO SOMEONE

Choose whatever you would like to read!

It could be...

A comic

A newspaper

A book

An instruction manual for a game

A guide sheet for a game

JUST READ =]







# MATHS

Week 10



A graphic design featuring a large green circle with the word "Monday" in white, bold, rounded text. The background is a light blue grid. Decorative elements include a purple swirl in the top left, a yellow swirl in the bottom left, a blue swirl in the top right, a purple paperclip in the middle right, a blue paperclip in the bottom right, and two pencils (purple and blue) in the bottom right corner.

Monday



1. Read the following word problem, then select the operation you would use to solve the problem:

\*

If Tim earns \$390 every week, how much money will he earn after 9 weeks?

☐ +

☐ -

☐ x

☐ ÷



2. Read the following word problem, then select the operation you would use to solve the problem:



This month, Sarah has saved \$1267. If she decides to donate \$250 to charity, how much will she have left over?

☐ +

☐ -

☐ x

☐ ÷



3. Read the following word problem, then select the operations you would use to solve the problem:



Jeremy is making flower arrangements for a birthday. Small vases hold 8 flowers and large vases hold 21 flowers. How many flowers will be used if there are 24 small vases and 48 large?

☐ +

☐ -

☐ x

☐ ÷



4. Solve the addition algorithm: \*

$$\begin{array}{r} 462 \\ + 823 \\ \hline \end{array}$$

☐ 1285

☐ 1275

☐ 1821

☐ 1290



5. Solve the addition algorithm: \*

$$\begin{array}{r} 895 \\ + 638 \\ \hline \end{array}$$

- ☐ 1521
- ☐ 1533
- ☐ 141213
- ☐ 142133



6. Solve the subtraction algorithm: \*

$$\begin{array}{r} 932 \\ - 311 \\ \hline \end{array}$$

☐ 620

☐ 626

☐ 621

☐ 612



7. Solve the subtraction algorithm: \*

$$\begin{array}{r} 853 \\ - 567 \\ \hline \end{array}$$

☐ 314

☐ 326

☐ 226

☐ 286



8. Solve the following problem: \*

$$19 + 12 \times 2 - 4$$

☐ 58

☐ 39

☐ 44

☐ 62



Image t...

Over the summer, Hayley works a total of 345 hours. If she earns \$21 an hour, how much did she make? If she wants to buy a car for \$10,000, how much more does she need to save?

a) How much did Hayley make? \*

- ☐ \$7,245
- ☐ \$7,345
- ☐ \$6,900
- ☐ \$6.985

b) Hayley still needs to save \*

- ☐ \$2,655
- ☐ \$3,100
- ☐ \$2,755
- ☐ \$3,015



# How did you go?



Description (optional)

Do you have any questions or comments about this topic? (optional)

Long answer text

---





Tuesday



1. Read the following word problem, then select the operation you would use to solve the problem:



If a factory makes 1230 cars per hour, how many will they make after 8 hours?

☐ +

☐ -

☐ x

☐ ÷





2. Read the following word problem, then select the operation you would use to solve the problem:



Sally earns \$900 a week. If she splits her earnings 3 equal ways between savings, bills and spending money, how much does she spend each way?

☐ +

☐ -

☐ x

☐ ÷





3. Read the following word problem, then select the operations you would use to solve the problem:



Charlie has been offered 2 jobs.  
At the first job she would work 28 hours per week and earn \$23 per hour. At the second, she would work 32 hours at \$18 per hour. Which job will pay more?

☐ +

☐ -

☐ x

☐ ÷



4. Solve the addition algorithm: \*

$$\begin{array}{r} 670 \\ + 722 \\ \hline \end{array}$$

☐ 1392

☐ 1292

☐ 1390

☐ 1299





5. Solve the addition algorithm: \*

$$\begin{array}{r} 479 \\ + 353 \\ \hline \end{array}$$

☐ 722

☐ 832

☐ 782

☐ 127



6. Solve the subtraction algorithm: \*

$$\begin{array}{r} 895 \\ - 642 \\ \hline \end{array}$$

☐ 250

☐ 252

☐ 245

☐ 253



7. Solve the subtraction algorithm: \*

$$\begin{array}{r} 932 \\ - 587 \\ \hline \end{array}$$

☐ 445

☐ 355

☐ 455

☐ 345



8. Solve the following problem: \*

$$12 \div 3 + 9 \times 2$$

☐ 26

☐ 22

☐ 25

☐ 24



Image t...

Sammy is selling candy bags at the school carnival for \$12 each.

- a) If he sells 232 bags, how much money will he make?
- b) Last year Sammy sold 300 bags, how much more money did he make last year?

a) How much money will he make? \*

- ☐ \$2,780
- ☐ \$2,784
- ☐ \$2,320
- ☐ \$2,255

b) How much more money did he make last year?

- ☐ \$800
- ☐ \$815
- ☐ \$816
- ☐ \$820



# How did you go?



Description (optional)

Do you have any questions or comments about this topic? (optional)

Long answer text

---





ThurSday  
& Friday



# Travel Project

## Australia

Addition & Subtraction | Time | Position | Length | Data





# Travel Project

*Australia*

Addition & Subtraction | Time | Position | Length | Data

This maths travel project gives students the opportunity to apply their knowledge and understanding across substrands in a fun and engaging way.

You could have students complete the activities in their book or digitally using the slides below:





# Travel Project

*australia*

You've been given a budget of \$20,000 to go on a month long trip around Australia, starting and finishing in your capital city. Do the following:

- ☐ Track all expenses in a table
- ☐ Show your journey on a map
- ☐ Create an itinerary
- ☐ Record each stop on a calendar
- ☐ Add key photos of each stop
- ☐ Calculate distance travelled between locations
- ☐ Graph the average temperature across the year





# Travel Project

## 1 *australia*

Track all of your expenses for the trip in a table. This should include airfares, accommodation and things you do along the way:

| Item | Cost | Item | Cost |
|------|------|------|------|
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |
|      |      |      |      |





# Travel Project

## 2 *australia*

Show each major stop on a map:

You could use Google Maps to do this by entering each stop and then take a screenshot.





Create an itinerary to show each stop:

Record times using 24-hour time.

| Date | Depart From | Depart Time | Destination | Arrival Time | Travel Time |
|------|-------------|-------------|-------------|--------------|-------------|
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |
|      |             |             |             |              |             |





# Travel Project

## 4 *australia*

Record each stop on a calendar, including activities/things you do:

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 1      | 2      | 3       | 4         | 5        | 6      | 7        |
| 8      | 9      | 10      | 11        | 12       | 13     | 14       |
| 15     | 16     | 17      | 18        | 19       | 20     | 21       |
| 22     | 23     | 24      | 25        | 26       | 27     | 28       |
| 29     | 30     |         |           |          |        |          |

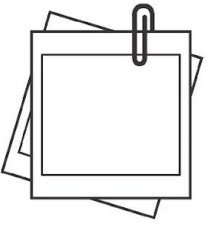




# Travel Project

## 5 *australia*

Add photos of key stops and landmarks for your trip:





Calculate the distance between each stop using kilometres as your unit of measurement. Then calculate the total distance travelled for the entire trip:

| Depart | Arrive | Distance Travelled |
|--------|--------|--------------------|
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |
|        |        |                    |

| Total Distance Travelled |
|--------------------------|
|                          |





# Travel Project

## 7 *australia*

Select one place you visit along the way and create a graph to show the average temperature for each month of the year:





Summarise the key information for your trip:

**Total spent**

Type here

**Total distance travelled**

Type here

**Total saved**

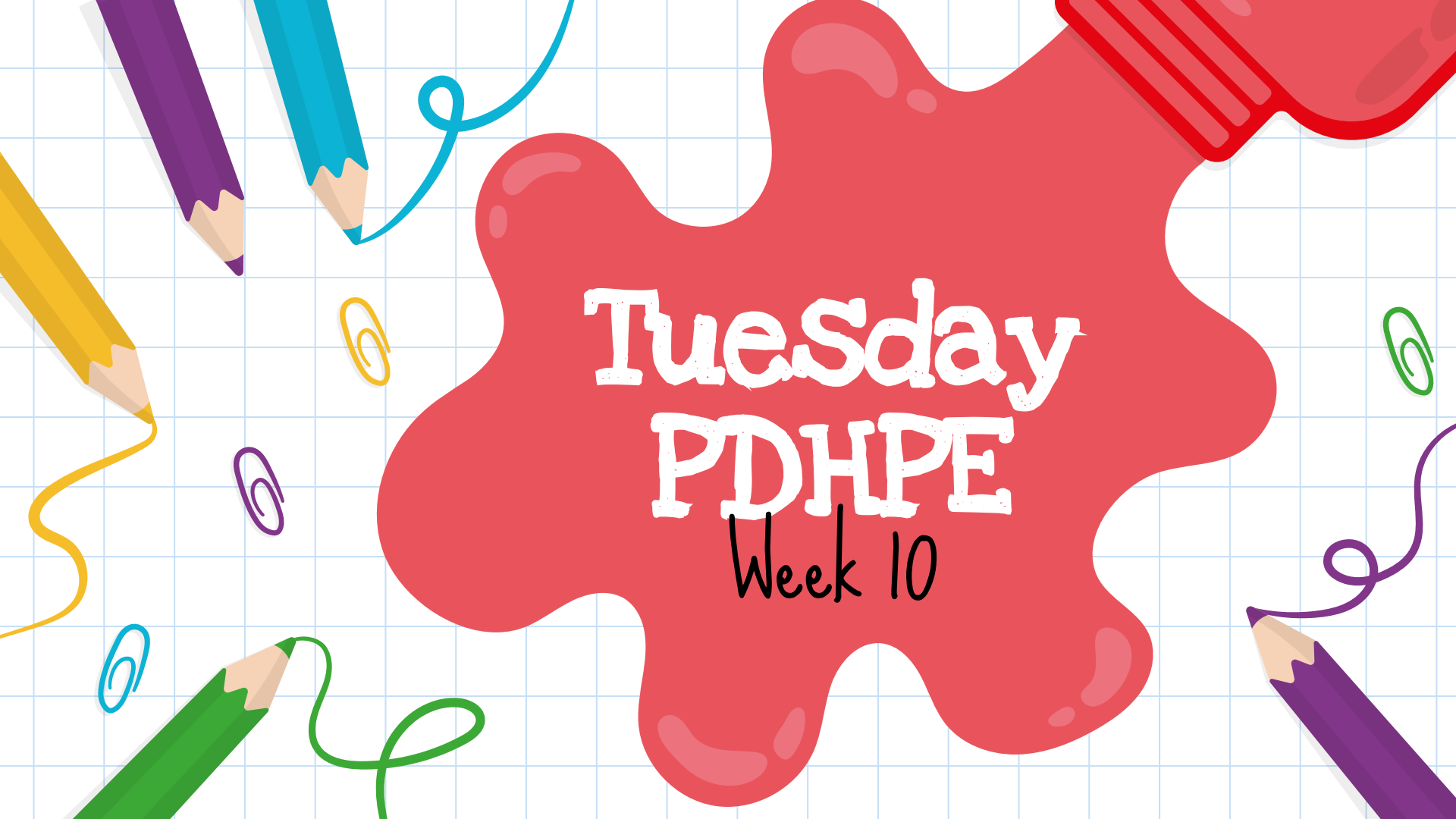
Type here

**Total hours away**

Type here







Tuesday  
PDHPE  
Week 10



# Stage 3

## Activity: PDHPE

**Date:** Monday 13/09/2021

**Time:** 2:15pm

### What to bring:

- Joggers
- Drink bottle
- Towel

### Invitation:

Join Zoom Meeting

<https://nsweducation.zoom.us/j/65390887879?pwd=QTZhR2t0TiQ1YnRGUjdWSURkcUdhOT09>

Meeting ID: 653 9088 7879

Passcode: 767780

One tap mobile

+61370182005,65390887879# Australia

+61731853730,65390887879# Australia

Dial by your location

+61 3 7018 2005 Australia

+61 7 3185 3730 Australia

+61 8 6119 3900 Australia

+61 8 7150 1149 Australia

+61 2 8015 6011 Australia

Meeting ID: 653 9088 7879

Find your local number: <https://nsweducation.zoom.us/j/65390887879?pwd=QTZhR2t0TiQ1YnRGUjdWSURkcUdhOT09>

Join by SIP

65390887879@zmau.us

Join by H.323

103.122.166.55 (Australia Sydney)

103.122.167.55 (Australia Melbourne)

Meeting ID: 653 9088 7879

Passcode: 767780

# zoom



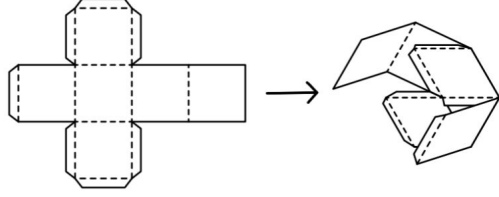
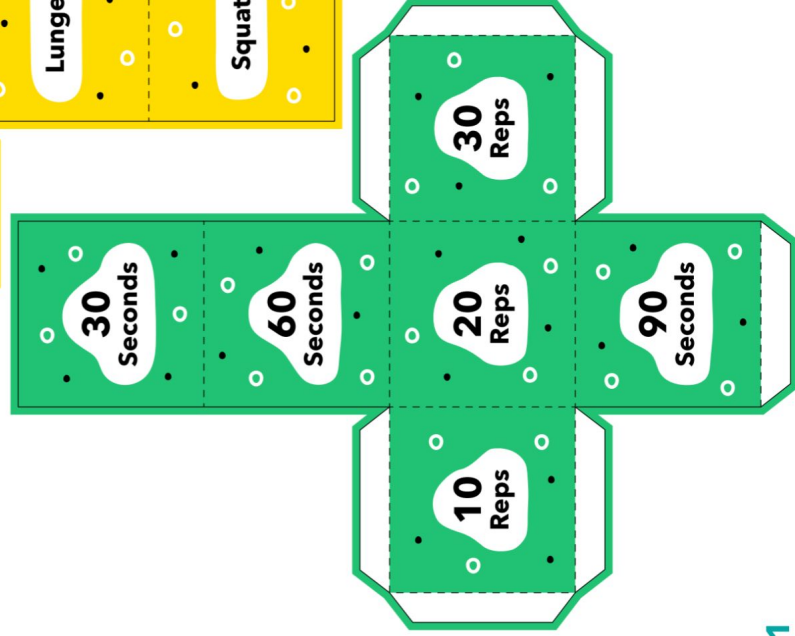
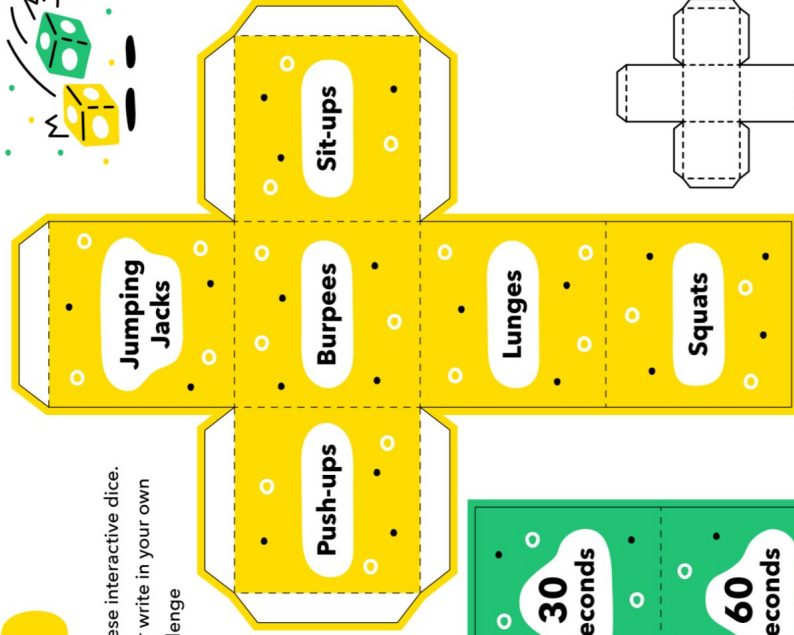


## Fitness Dice

Turn exercise into a game with these interactive dice. Use the pre-assigned workouts or write in your own favorite exercises to take the challenge of planning out of your routine.

### To make the dice:

1. Cut along the solid lines
2. Apply glue to tabs
3. Fold along dotted lines
4. Press sides firmly into place



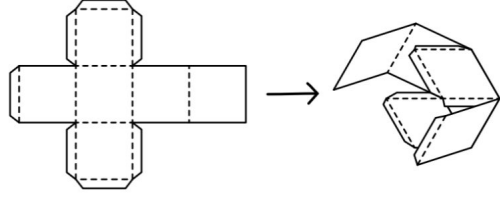
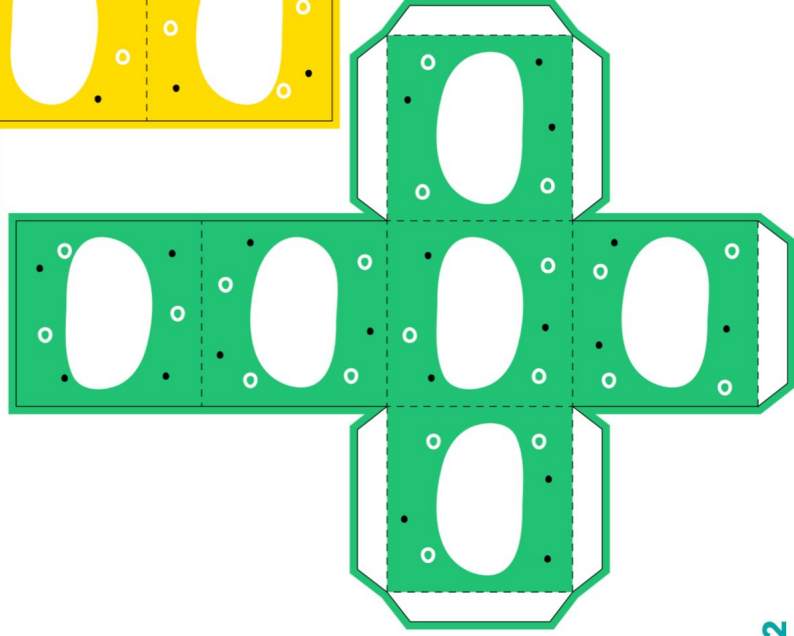
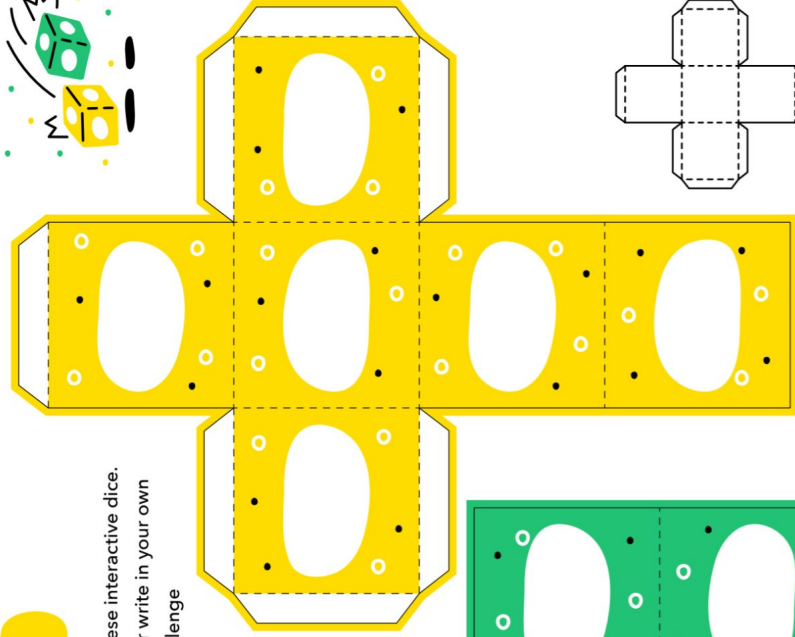


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# Stage 3 PDHPE Session

Term 3  
Week 10

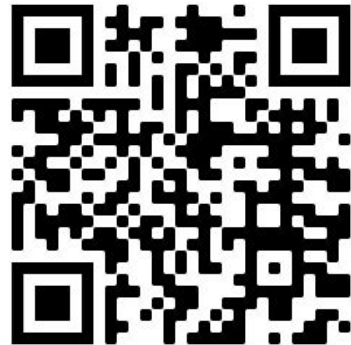




# Bring Sally Up Squat Challenge

## Instructions:

1. Play 'Flower' by Moby
2. Every time you hear the lyrics 'bring Sally up' come up from a squat
3. Every time you hear the lyrics 'bring Sally down' go into a squat position and hold



Scan here for  
'Flower' by  
Moby



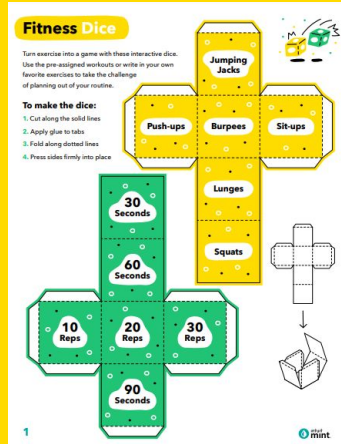




# Fitness Dice Activity

## Instructions:

1. Create the fitness dice.
2. Roll the dice and perform the exercise as many times you roll.
3. Repeat 6-10 times.







# Thunderstruck Challenge

## Instructions:

1. Play the song 'Thunderstruck' by ACDC
2. Every time you hear the lyrics 'Thunderstruck' perform a pushup



Scan here for  
'Thunderstruck'  
by AC/DC







# Library with Mrs McPhan

Week 10



# Stage 3



**Activity:** Library

**Date:** Tuesday 14th September

**Time:** 2:15pm

**What to bring:**

- Piece of paper
- Pencil

**Invitation:**

Join Zoom Meeting

<https://nsweducation.zoom.us/j/69143976789?pwd=Yzlwcm50ZXhFSE5lYXlWZm5OSTFwUT09>

Meeting ID: 691 4397 6789

Passcode: 606347

One tap mobile

+61370182005,,69143976789# Australia

+61731853730,,69143976789# Australia

Dial by your location

+61 3 7018 2005 Australia

+61 7 3185 3730 Australia

+61 8 6119 3900 Australia

+61 8 7150 1149 Australia

+61 2 8015 6011 Australia

Meeting ID: 691 4397 6789

Find your local number: <https://nsweducation.zoom.us/j/69143976789>

Join by SIP

69143976789@zmau.us

Join by H.323

103.122.166.55 (Australia Sydney)

103.122.167.55 (Australia Melbourne)

Meeting ID: 691 4397 6789

Passcode: 606347







# Integrated unit

Week 10



**Mr Parson's put together a website to show you the structure of the website you have been asked to **create.****

*This website can be created **without the internet.***

The design and content of a website can be (and is often) imagined *without* an internet connection and written on a storyboard.



# Defining Moments in australia's history

1800-1810



Scan for Mr Parsons website



Matthew Flinders  
circumnavigates continent,





# Matthew flinders Circumnavigates Australia

Significant  
event #1

June 9th 1803



(Flinders, Matthew - biography, 2015)

## Matthew Flinders

Captain Matthew Flinders, born 1774, was a British explorer and the first person to circumnavigate (sail around) Australia. In February 1801, Flinders was promoted to commander and given command of HMS Investigator. His task was to explore 'the Unknown Coast' which we know today as the eastern part of the Great Australian Bight.



## HMS Investigator

On the 18th of July 1801, Flinders set sail from England. He arrived in Fowler Bay in South Australia on the 28th of January 1802. He then proceeded to explore Kangaroo Island, the Spencer Gulf and Gulf St Vincent. Flinders sailed to Sydney and arrived May 9th 1802. Flinders had the investigator overhauled and let his crew rest before heading north along the eastern coast of New South Wales and Queensland in late July. He made a detailed survey of the Queensland coast up to the Gulf of Carpentaria. He explored Keppel Bay and Capricorn Coast between 9th of August and 20th of October 1802, landing at Curtis Island, Port Clinton, Shoalwater Bay and Percy Islands.



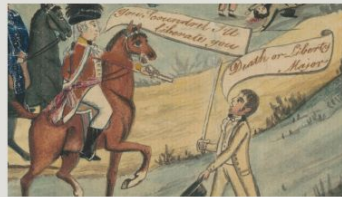
# Castle Hill Rebellion

Significant  
event #2

March 4th 1804



(Castle Hill Rebellion, n.d.)



(Castle Hill Rebellion, n.d.)

## The Rebellion

The Castle Hill Rebellion of 1804 was Australia's first uprising. An attempt was made by a group of Irish convicts to overthrow British rule in New South Wales and return to Ireland where they could continue to fight for an Irish republic (Castle Hill Rebellion, 2021).

## Who was involved?

The Castle Hill Rebellion also known as 'Australia's Vinegar Hill' started on the 4th of March 1804. Irish rebel leaders Philip Cunningham and William Johnston aimed to overtake Parramatta and Port Jackson to establish Irish rule and return willing convicts to Ireland.

## Governor Philip Gidley King

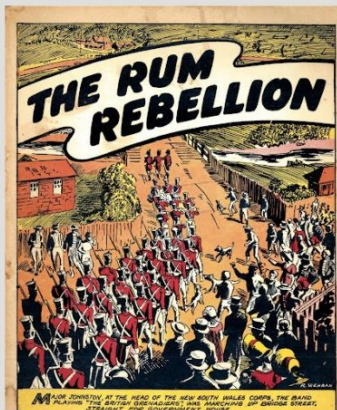
New South Wales Governor Philip Gidley King declared martial law (temporary military



# Governor William Bligh is deposed in the Rum Rebellion

Significant  
event #3

1808



(Wentian, 1958)

## The Rum Rebellion

Twenty years after New South Wales was founded, the colony's governor, William Bligh, was overthrown by the New South Wales Corps. The Rum Rebellion was the first and only time in Australian history that military force has been used to overthrow a government.

In 1806, Bligh became the fourth governor of New South Wales. The NSW colony had a European population of less than 7000 people and they were struggling to survive. This was due to food shortages, little infrastructure and trade. They didn't have a strong currency so trade was conducted using barter and IOU notes.

As there was no proper currency, rum imported from India became the basis of trade. The rums importation and distribution had been monopolised by the NSW Corps after the departure of Governor Phillip.

## New South Wales Corps

The Corps were formed in England in 1789 to relieve the Marines Corps that had accompanied the First Fleet. The men came to the colony with hopes that the living conditions and pay would be better than that in England.

The paymaster of the Corps during these years was the eager Captain John Macarthur. Major George Johnston was the commandine officer at the time of Bligh's





# First post office

Significant  
event #4

April 25th 1809



(Isaac Nichols, n.d.)

## Postmaster Nichols

On April 25th 1809, the government appointed Isaac Nichols to the position of Postmaster. Nichols was a former convict and he took control of the distribution of mail within the colony and set up the first post office in his home.



As the population of the colony grew, so did the volume of incoming mail. When ships arrived in Sydney Cove they were mobbed by people searching for letters and parcels. By 1809 there was numerous complaints to the Lieutenant Governor of fraud, theft and extortion over letters and packages. The New South Wales Corps were called to help support the chaos by appointing an official Postmaster.



# Bibliography

If you are unsure on how to correctly reference and create a bibliography you can use websites such as citethisforme. This website will help you reference using the url links that you visit and automatically reference for you and create a list.

<https://www.citethisforme.com/>

## References

Anbg.gov.au. 2015. *Flinders, Matthew - biography*. [online] Available at: <<https://www.anbg.gov.au/biography/flinders-matthew.html>> [Accessed 31 August 2021].

n.d. *HMS Investigator 1802*. [image] Available at: <<http://www.flindersmemorial.org/captain-matthew-flinders-rn/timeline/>> [Accessed 31 August 2021].

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Eyre, J., 1807. *First Government House Sydney*. [image] Available at: <<https://www.sl.nsw.gov.au/stories/terra-australis-australia/1808-rum-rebellion>> [Accessed 7 September 2021].

n.d. *Birth of the Post Office*. [image] Available at: <[https://www.123rf.com/photo\\_17403119\\_australia-circa-1959-a-stamp-printed-in-australia-shows-the-postmaster-isaac-nichols-boarding-the-br.html](https://www.123rf.com/photo_17403119_australia-circa-1959-a-stamp-printed-in-australia-shows-the-postmaster-isaac-nichols-boarding-the-br.html)> [Accessed 7 September 2021].

n.d. *Castle Hill Rebellion*. [image] Available at: <<https://www.nma.gov.au/defining-moments/resources/castle-hill-rebellion>> [Accessed 7 September 2021].

n.d. *Isaac Nichols*. [image] Available at: <<https://twistedhistory.net.au/2016/04/25/australias-first-postmaster-is-appointed/>> [Accessed 7 September 2021].

n.d. *Rum Rebellion*. [image] Available at: <<https://richardjohnbr.blogspot.com/2014/04/the-rum-rebellion-introduction.html>> [Accessed 7 September 2021].

n.d. *The First Sydney Post Office*. [image] Available at: <<https://vintagenewsdaily.com/the-first-sydney-post-office/>> [Accessed 7 September 2021].



A graphic on a light blue grid background. A large, red, irregular blob shape is in the center. Inside the blob, the text "Wellbeing Wednesday" is written in a white, rounded, sans-serif font. Below this, "Week 10" is written in a black, handwritten-style font. Surrounding the central blob are several colorful pencils (purple, blue, yellow, green, red) and small paper clips (yellow, purple, blue, green) with wavy lines trailing behind them, suggesting movement or drawing.

# Wellbeing Wednesday

Week 10



# Wellbeing Wednesday

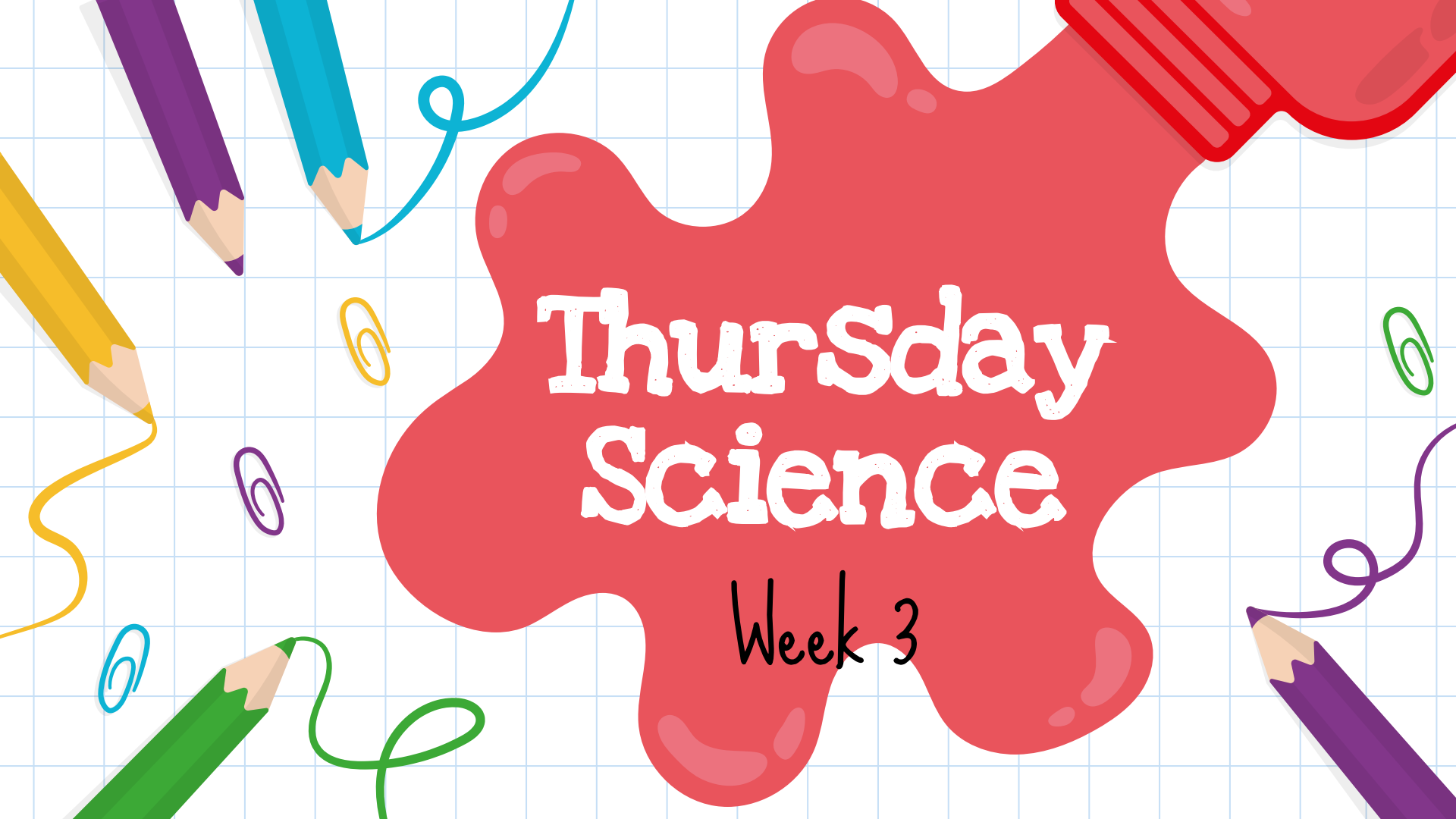


## WELLBEING WEDNESDAY

|                  |   |   |  |
|------------------|---|---|--|
| <b>Physical</b>  | Go for a walk or a run around the block with a family member. | Design a new backyard game with modified equipment.                                 | Spend some active time with your pets. Teach them some new tricks.         |
| <b>Creative</b>  | Dress up in your favourite outfit.                            | Design your own set of five emojis that don't already exist.                        | Paint a pet rock. Go on a walk and leave it somewhere for someone to find. |
| <b>Nature</b>    | Draw a chalk drawing on your driveway or nearby footpath.     | Create a space just for you outside. Spend some time reading, drawing or colouring. | Take your lunch outside and have a picnic.                                 |
| <b>Cognitive</b> | Read a book for enjoyment for 30 minutes.                     | Create a marble run. Photograph or film it and send it to your teacher.             | Interview a family member and write a report.                              |
| <b>Social</b>    | Share a favourite movie that makes you laugh with someone.    | Learn five new jokes and share them with people you live with.                      | Create a family trivia quiz and share it over a video call.                |







# Thursday Science

Week 10



## Fizzing investigation

### Aim

To find out what happens when combinations of water, sodium bicarbonate and tartaric acid are mixed.

### Equipment

- role badges for director, manager and speaker
- each team member's science journal
- 6 teaspoons of sodium bicarbonate
- 6 teaspoons of tartaric acid
- 3 cups of non-acidic water
- 1 cup measure
- 1 teaspoon
- 4 pieces of paper towel
- 4 transparent bottles of the same size (350–400mL approximately)
- 4 balloons
- 1 labelling pen
- 1 funnel
- masking tape

### Activity steps

- 1 Label the 4 bottles with the following information:

- Bottle 1: bicarb + acid
- Bottle 2: bicarb + water
- Bottle 3: acid + water
- Bottle 4: bicarb + acid + water

Label the balloons 1, 2, 3 and 4.

- 2 Add 2 teaspoons of sodium bicarbonate to balloons 1, 2 and 4 by placing the funnel into the opening of each balloon.
- 3 Wipe funnel carefully with a piece of paper towel. Discard paper towel.
- 4 Add 2 teaspoons of tartaric acid to balloons 1, 3 and 4 by placing the funnel into the opening of each balloon.
- 5 Wipe funnel carefully with the second piece of paper towel. Discard paper towel.
- 6 Add 300mL of water to bottles 2, 3 and 4 by placing the funnel into the mouth of each bottle.
- 7 Have one team member carefully fit the opening of each balloon over the mouth of their corresponding bottle while another holds the balloon so that no powder falls in. Pull the stem part of the balloon down so that it will not come off easily. If it is loose, stick it down with a piece of masking tape to make it airtight.
- 8 Carefully upend Balloon 1 so that its contents fall into Bottle 1. Mix the contents gently. Observe the bottle carefully, and record your observations in your science journal.
- 9 Repeat step 8 for each of the bottles.



The ingredients for this experiment are cheap and easy to find. Just visit the baking aisle of your favourite supermarket for tartaric acid and bicarbonate soda. Then, grab some plastic bottles and balloons.



# Stage 3

zoom

**Activity: Gas Bags!**

**Date:** 16/09/21

**Time:** 2:10pm

**What to bring:**

- Tartaric acid
- Sodium bicarbonate
- Latex gloves or balloons
- Vinegar
- Water

Invitation: Dylan Quigley is inviting you to a scheduled Zoom meeting.

Topic: Dylan Quigley's Zoom Meeting

Time: Sep 16, 2021 02:10 PM Canberra, Melbourne, Sydney

Join Zoom Meeting

<https://nsweducation.zoom.us/j/69327140626?pwd=ditxZFBNMjdJR1VkYUpCNnoxSHUvdz09>

Meeting ID: 693 2714 0626

Passcode: 459383


One tap mobile

+61871501149,,69327140626#,,,,\*459383# Australia

+61280156011,,69327140626#,,,,\*459383# Australia







Happy holidays everyone! What a crazy term. Your resilience and commitment to learning has made us all proud. Enjoy your time off.

# Minute to Win it!

Week 10



inute

to win it!







LETTER  
HUNT

NOSE  
DIVE!

FLIP IT!

DEFYING  
GRAVITY

BOTTLE  
FLIP

STONE  
FACE

THIS  
BLOWS

TOWER  
OF  
COINS/  
CEREAL

ONE



Click on the balloon to go  
back.



# Letter Hunt



## Materials:

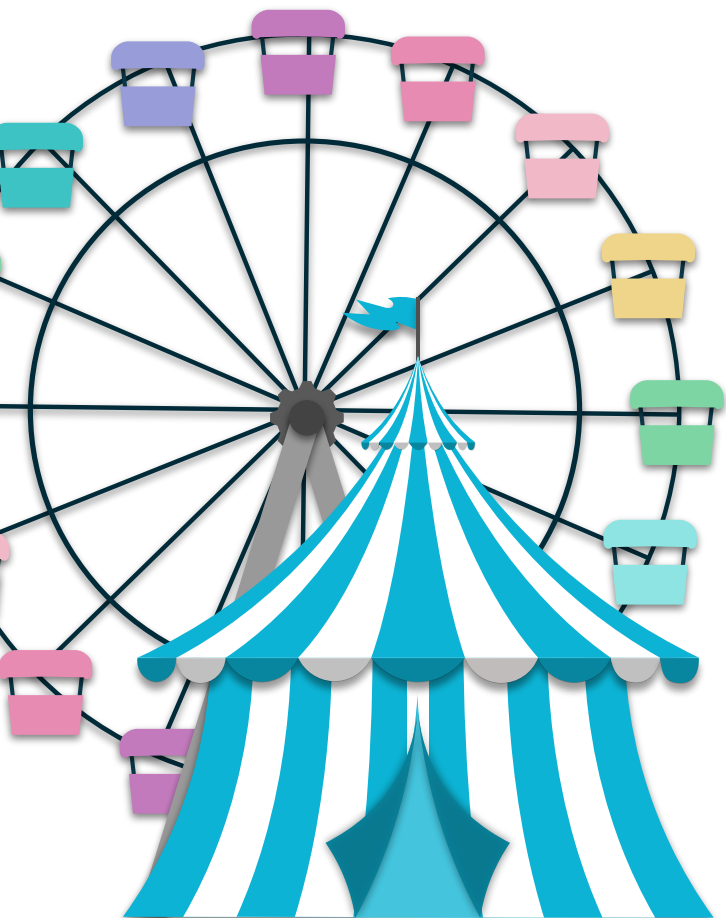
What can you find?

## How to Play:

Teachers will choose a letter from the alphabet. Each person has 3 minutes to find and bring back as many objects as possible beginning with the chosen letter. Score 2 points for any object that no one else has, 1 point for objects other have.



Click on the balloon to go  
back.



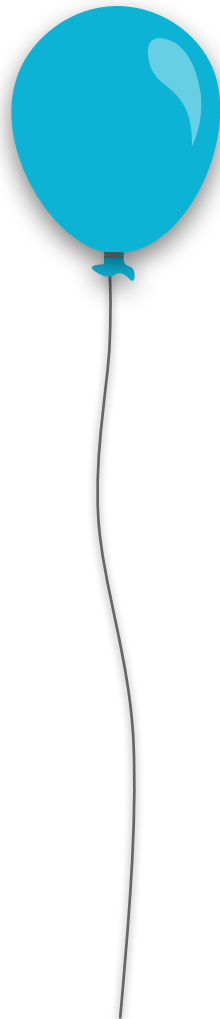
# Flip It!

## Materials:

3 Plastic Cups

## How to Play:

Place cups face down on the ledge of a table. You must flip over the cups and have them stand upright. If the cup does not flip over entirely you need to reset it. All 3 cups must be upright in one minute.

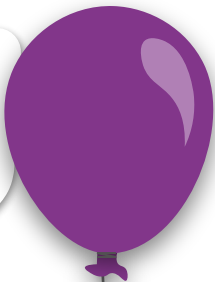




Click on the balloon to go  
back.



# Defying Gravity



## Materials:

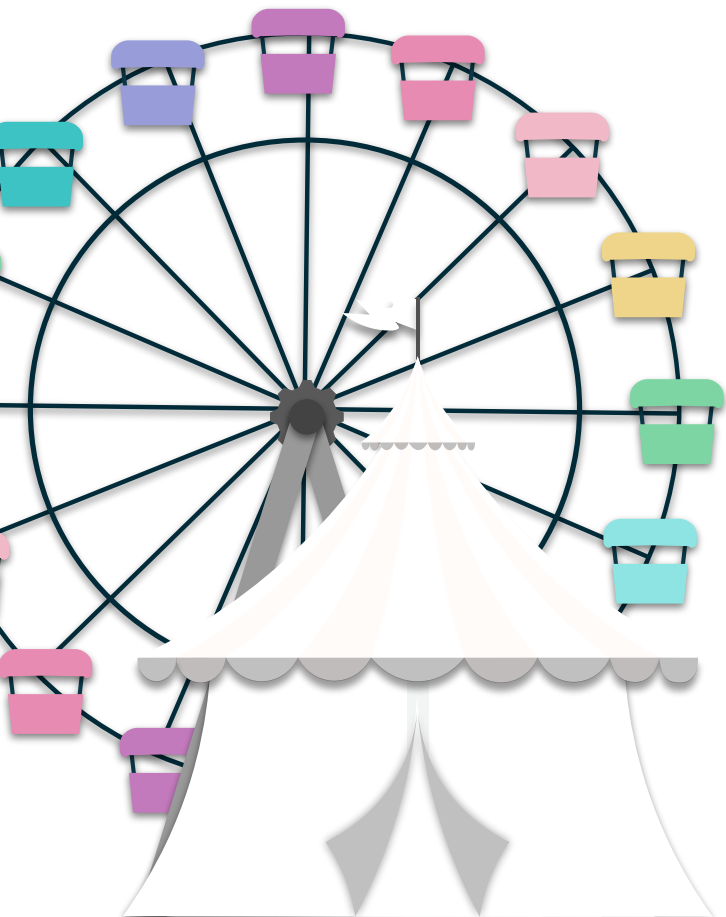
3 Balloons (inflated and tied)

## How to Play:

Throw your 3 balloons in the air above you. You must keep the balloons up in the air for the whole minute.



Click on the balloon to go  
back.



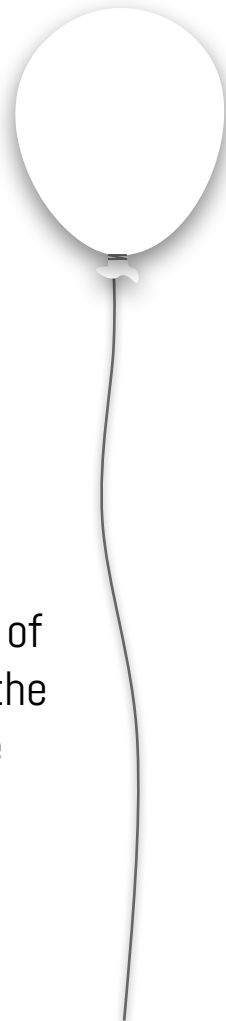
# ottle Fli

## Materials:

A partially full water bottle

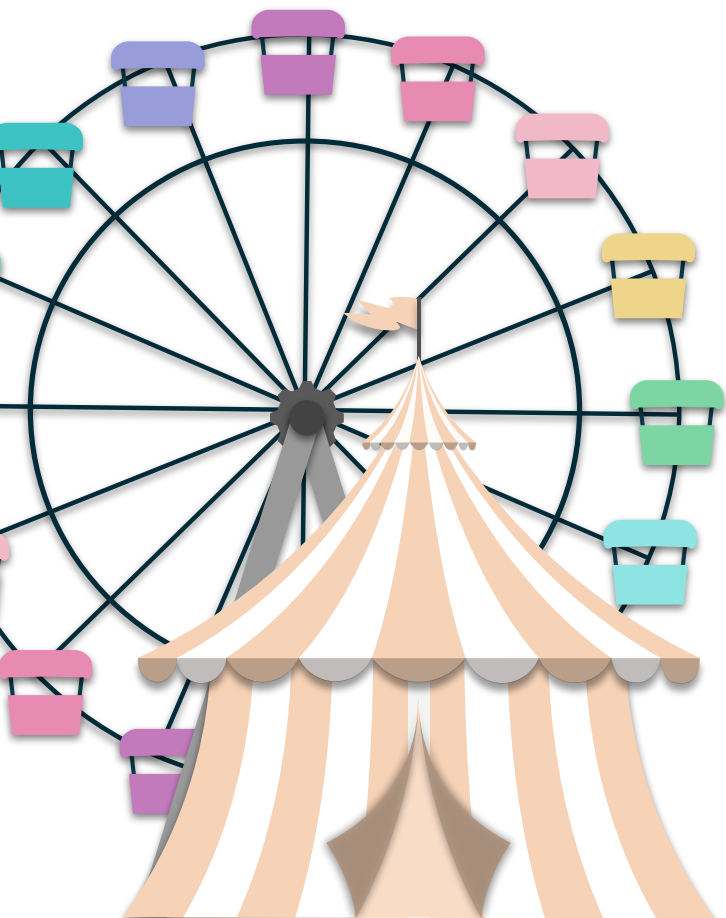
## How to Play:

Have your a partially full water bottle in front of you on a table. How many times can you flip the water bottle and have it land perfectly on the table in one minute?





Click on the balloon to go  
back.



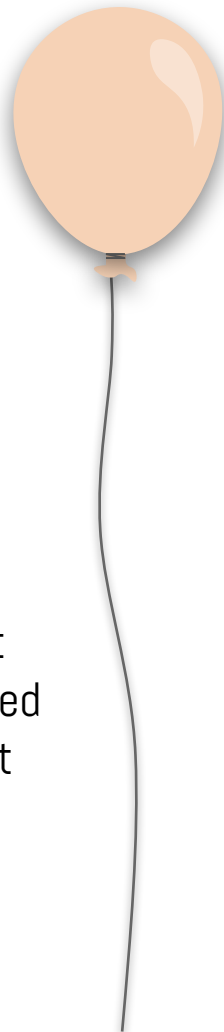
# tone Face

## Materials:

None!

## How to Play:

Stare at one another for a full minute without laughing. Funny faces and gestures are allowed to try and get your opponent to make the first laugh!





Click on the balloon to go  
back.



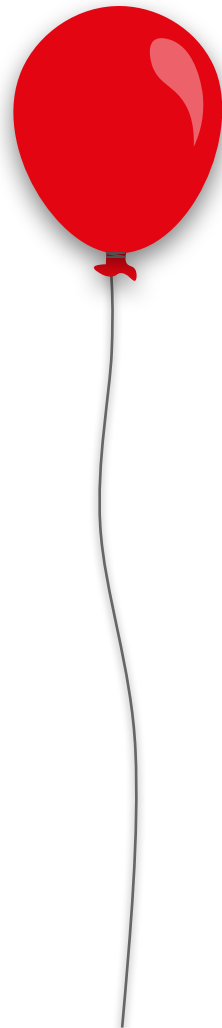
# his Blows

## Materials:

A clean tissue

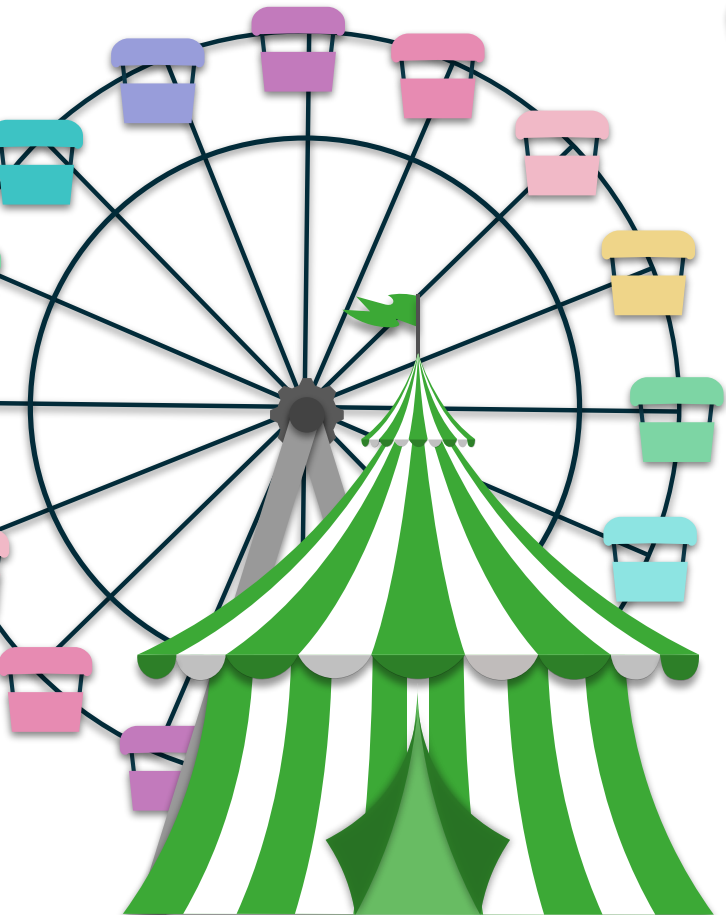
## How to Play:

Try and keep a tissue in the air for as long as possible without dropping it. Oh, and you can't touch the tissue with any part of your body.





Click on the balloon to go  
back.



# ower of co ns



## Materials:

A large pile of coins or round cereal, such as cheerios or fruit loops

## How to Play:

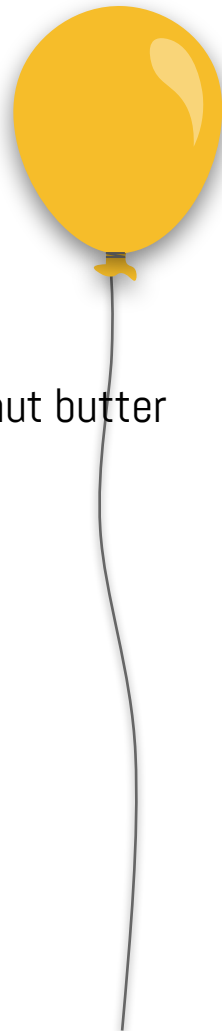
Stack as many as you can in one minute whilst only using one hand.



Click on the balloon to go  
back.



# Nose Dive



## Materials:

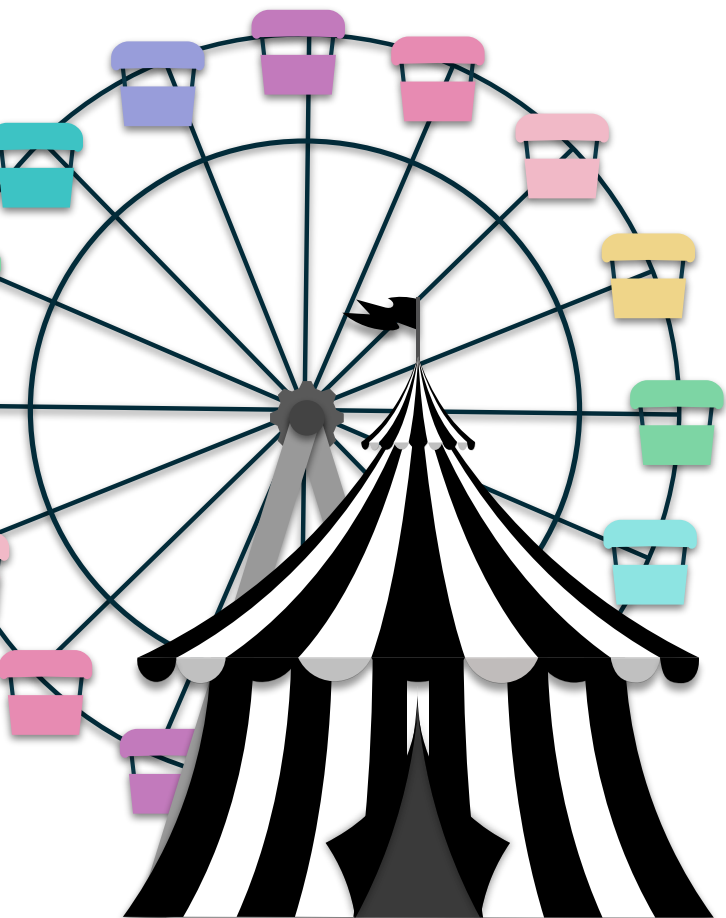
Two bowls, cotton balls and vaseline or peanut butter

## How to Play:

Using only their nose (and maybe a bit of peanut butter or Vaseline on the tip), how many cotton balls can you move from one bowl to the other?



Click on the balloon to go  
back.



## Materials:

A regular biscuit or cookie- preferably similar to a choc-chip cookie

## How to play:

Transfer a cookie from your forehead to your mouth without touching.

